

INFO.E-MAIL LES NOUVELLES/NEWS le 28 janvier / January 28, 2005
Greetings/Bonjour:

After reading the comments sent by certain individuals, I realize that the decisions taken by the High Performance Committee at their last meeting were either not understood or wrongly interpreted.

Before one criticizes an established policy, he or she should be aware of the obligations imposed by the funding organisations. The main funding sources for the FCA are Sport Canada and COC.

Sport Canada being our main source of revenue will primarily fund Olympic sports. It is thus obvious that a priority should be given to the recurve archers. Nevertheless, should there be extra funds available; it would be then easier to support compound archers.

For many years, the results obtained by our Canadian archers are much below the international standard. These results are not satisfactory to Sports Canada expectations and it is obvious that if this keeps on, we will lose our financial aid however small this might be.

Major decisions had to be taken and new policies were needed. For those who think that the athletes are the one winning the medal and thus should get the financing, the committee in turn thinks that without proper coaching, there will be no medal.

In many countries and in many sports, it is the level of coaching that often makes the difference in producing athletes of excellence level. Presently, France has just hired the South Korean Lee Tae-Hoon as their head coach. This in itself proves the importance of having highly qualified individuals if we want results. Many sports have also demonstrated this. We will never obtain that level of coaching unless a reform is established.

The High Performance Committee had decided to create a National Coaching Committee consisting of five regional committees. They will share their knowledge and will assist the local coaches by establishing a uniform method of coaching and help the archers, whether recurve or compound, obtain better results.

This new policy was presented to both Sport Canada and the COC and was greatly welcomed. The HPC Committee thus feel that it must be the right decision.

With this policy, the FCA also shows its intention of supporting not only the archers, but the coaches as well.

Remember "There is strength in numbers".

Arthur Nault
FCA Vice-President HPC

- Don't forget that the FCA mailmatch programme 2005 started on January 1. To register your club, please contact Andrew Webber at Awebber@nl.rogers.com or use: <http://www.fca.ca/MM/mailmatchinfo.html>
- February 19-20 Medicine Hat, AB Indoor 3D championships information is available at: <http://www.fca.ca/UpcomingShoots/2005/05indoor3d.html> or www.spitz3d.com

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1. MICA 2005

The MICA Event may be held any time between January 1 and April 30, 2005.

<http://www.e-bizinus.com/fca/MICA>.

| | Site | Contact | |
|--------|--------------------|----------------|--------------------------------|
| Feb 05 | Victoria, BC | T. Klat | tklat@islandnet.com |
| Feb 06 | Halifax, NS | C. Langlois | claudelanglois@ns.sympatico.ca |
| Feb 06 | Delisle, SK | G. Henderson | harppe@sasktel.net |
| Feb 26 | Selkirk, MB | S. Irwin | lsirwin@mb.sympatico.ca |
| Feb 26 | Estevan, SK | M. Wanner | monai@sasktel.net |
| Feb 27 | Winnipeg, MB | J. Vogelsang | bowhunt@shaw.ca |
| Feb 27 | Minnedosa, MB | T. Dressell | tdressell@mts.net |
| Feb 27 | The Pas, MB | G. Lagace | ginnies@mts.net |
| Feb 27 | Winnipeg, MB | R. Garrod | garrodr@mb.sympatico.ca |
| Feb 27 | Port Coquitlam, BC | G. Hornsberger | gmhorns@shaw.ca |
| Mar 06 | Trois-Rivières, QC | D. Chartier | archersmirador@videotron.ca |
| Mar 13 | Calgary AB | J. Schleppe | jschleppe@shaw.ca |
| Mar 13 | Caledon, ON | B. Savage | bruce_savage@rogers.com |
| Mar 13 | Ottawa, ON | D. Luck | luckd@dfo-mpo.gc.ca |
| Mar 20 | Winchester, ON | L. Smith | southnation@cyberus.ca |

2. 2005 CAAWS Women And Sport Breakthrough Awards

Play Your Part In Recognizing Dedication And Achievement

The Breakthrough Awards are presented annually to outstanding nominees who have used innovative ideas and alternative approaches to encourage and enable more girls and women to participate, lead and coach in sport and physical activity.

CAAWS offers Breakthrough Awards in the following categories:

- **INDIVIDUAL:** Recognizing an individual whose accomplishments have pushed the limits and enhanced the participation of girls and women in sport and physical activity. (National, Provincial and Community Level)
- **YOUTH:** Recognizing an outstanding female youth (18 years of age or younger as of

December 31, 2004) who has taken an active role in encouraging more girls and women to participate in sport and physical activity.

- **ORGANIZATION:** Honouring an organization that has provided funds or services to enable fuller participation by girls and women in sport and physical activity. (National, Provincial and Community Level)
- **MEDIA:** Recognizing a member of the media who has increased the profile and awareness of the achievements, abilities, and potential of girls and women in sport and physical activity. (National, Provincial and Community Level)
- **MARION LAY HERSTORICAL AWARD:** Recognizing an individual, group or organization whose long-term activities and achievements directly affected, improved, or positively influenced girls and women in sport and physical activity.

Other than the Marion Lay Herstorical award, the nominations should be based on accomplishments achieved in 2004. Posthumous nominations may be received in the year in which the person has passed away.

The selection committee reserves the right to select more than one recipient in each category or to not select a recipient in any given category in any given year.

Please complete the nomination form and provide detailed background information on the nominee supporting the nomination and listing her or his accomplishments in a maximum of three (3) pages (including attachments such as newspaper clippings).

The nomination form and background information must be submitted to the CAAWS office by end of day Friday, February 25, 2005. Submissions can be made via email, fax or mail to the following:

CAAWS Breakthrough Awards Selection Committee Phone: (613) 562-5667
N202 - 801 King Edward Ave. Fax: (613) 562-5668
Ottawa, Ontario K1N 6N5 Email: ariel@caaws.ca
Website: www.caaws.ca

3. FCA Regional Indoor Championships 2005

Clubs wishing to host the FCA Regional Indoor Championships, March 5 and/or March 6, 2005 may register online **UNTIL FEBRUARY 1** using the "Register Host Site" link at: <http://www.e-bizinus.com/fca/indoors/SiteDirectorHome2005.htm>

| March/mars Site 05 | Contact | |
|-----------------------|--------------|---------------------------|
| Lévis, QC | M-P. Beaudet | canadien2005@ca.inter.net |
| Tecumseh, ON | S. McKenty | sean.mckenty@sympatico.ca |
| Delisle, SK | G. Henderson | harppe@sasktel.net |
| Victoria, BC | T. Klat | tklat@islandnet.com |
| Ottawa, ON | D. Luck | luckd@dfo-mpo.gc.ca |
| Red Deer, AB | G. Armstrong | caaa@shaw.ca |

| | | |
|-----------------|------------|-------------------------|
| Selkirk, MB | S. Irwin | lsirwin@mb.sympatico.ca |
| Estevan, SK | M. Wanner | monai@sasktel.net |
| Richmond, BC | M. Davison | (604) 448-8740 |
| Thunder Bay, ON | J. Winslow | jwinslow@baytel.net |
| Penticton, BC | D. Soar | dsoar@telus.net |

March/mars
06

| | | |
|--------------------|----------------|--------------------------------|
| Duncan, BC | E. Walker | earch@shaw.ca |
| Winchester, ON | L. Smith | southnation@cyberus.ca |
| Caledon, ON | B. Savage | bruce_savage@rogers.com |
| Ottawa, ON | D. Luck | luckd@dfo-mpo.gc.ca |
| Nanoose Bay, BC | M. Miller | mike.stellamiller@shaw.ca |
| Edmonton, AB | S. Eacott | targetcoord@crarchery.ca |
| Halifax, NS | C. Langlois | claudelanglois@ns.sympatico.ca |
| Trois-Rivières, QC | D. Chartier | archersmirador@videotron.ca |
| Minnedosa, MB | T. Dressell | tdressell@mts.net |
| Delisle, SK | G. Henderson | harpe@sasktel.net |
| The Pas, MB | G. Lagace | ginnies@mts.net |
| Winnipeg, MB | R. Garrod | garrodr@mb.sympatico.ca |
| Estevan, SK | M. Wanner | monai@sasktel.net |
| Winnipeg, MB 2 | J. Vogelsang | bowhunt@shaw.ca |
| Calgary, AB | J. Schleppe | jschleppe@shaw.ca |
| Maple Ridge, BC | H. Kouwenhoven | hansdonna@shaw.ca |
| Vanderhoof, BC | M.-A. Mose | mamose29@uniserv.com |
| Taber, AB | J. Horvath | tsekura@telusplanet.net |
| Pine Falls, MB | A. Actimichuk | bohnr@mts.net |
| Edmunston, NB | L. Frenette | luc@umce.ca |

4. Competency-Based NCCP – Education and Training Coaching Streams

<http://www.fca.ca/coaching.html>

| Community Sport | Instruction | Competition |
|---|--|--|
| <ul style="list-style-type: none"> Initiation Ongoing Participation facilitators trained by NSF | <ul style="list-style-type: none"> Beginners Intermediate performers Advanced performers facilitators trained by CAC | <ul style="list-style-type: none"> Introduction Development High performance facilitators trained by CAC |
| <ul style="list-style-type: none"> evaluation of coaches for certification purposes is the responsibility of the NSF | | |

Note: The Community Sport stream and Instruction – Advanced Performers are not used in our archery system.

The FCA coaching committee has taken on the responsibility of developing clinics for the new national coaching system. The Instruction stream is basically for noncompetitive programs. We are now testing the clinic for Instruction Beginners, Basic Archery for Beginners. The program for Intermediate Performers should be able to be tested later this year. We hope to develop the clinic for Introduction to Competition as well later this year.

Instruction - Beginners: This type of instructor teaches basic skills to individuals with very little or no experience in archery. He/she deals with a limited number of participants at a time, and focuses on the fundamentals of archery with an emphasis on safety .i.e. working with the Junior Programme.

Instruction - Intermediate performers: This type of instructor helps participants refine basic skills, and introduces a variety of more complex techniques to individuals who already have some experience in archery and who already exhibit a fair degree of proficiency in shooting. An instructor working with intermediate performers is expected to be fairly knowledgeable in all matters related to the selection and adjustment of equipment .i.e. working with the Junior Programme

Competition - Introduction: These coaches will, for the most part, be working with children, pre-adolescents or adolescents. They will teach basic skills, and prepare athletes for low-level competitions. Athletes train on a seasonal basis to improve their general fitness level. Fun is an important part of the athletes ' sport experience i.e. BC Summer Games coach.

Competition - Development: Most of these coaches work with adolescents and young adults. Developmental coaches help athletes refine basic skills and tactics, teach more advanced skills, and prepare them for provincial or national level competitions. Athletes train several times a week on a seasonal or annual basis to improve performance. The outcome of competitions is of greater importance to the athletes .i.e. Canada Games coach.

Competition - High Performance: As a general rule, these coaches work with athletes between the ages of 20 -35. They help athletes refine advanced sport skills and tactics, and prepare them for national or international level competitions. i.e. Coach of athletes who compete internationally; national team coach.

<http://www.fca.ca/Coaching/cbet/2005/CBETjan05eng.htm>

5. COC

The Canadian Olympic Committee (COC) is pleased to announce the call for applications for the 2005 Carol Anne Letheren Leadership & Sport Scholarship. The award was created to recognize the achievements of Carol Anne Letheren, former CEO of the Canadian Olympic Committee and IOC member who passed away suddenly in 2001. Carol Anne was well known as an advocate for women in sport and leadership roles. This scholarship aims to identify young women who have the potential to follow in Carol Anne's footsteps.

Female students in their graduating year of high school are invited to apply for the 2005 Carol Anne Letheren Leadership & Sport Scholarship. The award is a national, three-year, \$1,500 per year, university scholarship awarded to an outstanding Canadian female high school graduating student who exemplifies the Canadian Olympic Values in all areas of her life.

Applications **must** be received by **mail** no later than 5:00 p.m. EST March 30, 2005:
The Carol Anne Letheren Leadership and Sport Scholarship
C/O Canadian Olympic Committee
21 St. Clair Avenue East, Suite 900
Toronto, Ontario, M4T 1L9

For more information on the 2005 Carol Anne Letheren Leadership & Sport Scholarship and to download the application form, please click on the link:
http://www.olympic.ca/EN/funding/letheren_award.shtml

PODIUM is a monthly electronic newsletter aimed at keeping athletes, the sport community, our members and our partners informed about our activities and initiatives.

Our online newsletter features:

- Own the Podium - 2010: Winter Sport Community Announces Plan to be Number One in 2010
- COC Passes Marketing Rights to VANOC
- COC Restructuring in 2005 Sees Improved Athlete and Community Services Focus
- Interest Growing in Volunteering for the Vancouver 2010 Winter Games
- Athlete's Corner: Moving to the Other Side of the Microphone
- Farewell to Olympian Jack Varaleau
- Canadian Olympic Committee Calls for Applications for International Olympic Academy in Olympia, Greece
- Canadian Olympic Committee Calls for Applications for the 2005 Carol Anne Letheren Leadership and Sport Scholarship

6. In Brief

- Organize your archery shooting league with this new software/
<http://www.fca.ca/ArcheryLeague/League.htm>
For more information on the program or for suggestions, contact: Phil Betts
- This is an annual reminder that **coaches** qualify for FCA's insurance programme only when they are members of FCA. Don't forget to renew your membership!
- FCA/COA VISA application information is available through your local Royal Bank. Join up today!
- The bilingual 2005 Championships website, with registration form, is up and running at: www.archerynb.ca/national2005
- International Olympic Academy in Olympia, Greece - To learn more on how to apply, please find complete information regarding the application process at <http://www.olympic.ca/EN/education/academies.shtml#3> . Applications must be received at the COC Toronto office by 5:00 p.m. EST, Friday, February 11, 2005.

- For Recurve Archers: 2005 Athlete Assistance Programme Criteria is listed at: <http://www.fca.ca/ex/05aapcriteria.html>
- FCA's Conflict of Interest Policy is on-line at: <http://www.fca.ca/policy/conflictpolicy.htm>
- FCA outdoor championships rotation schedule is available at: <http://www.fca.ca/policy/champrotation.html>
- FCA continues to recognise the accomplishments of its volunteers, coaches and athletes. Listings are available at: <http://www.fca.ca/volinaction.htm>
- FITA Star award application procedure <http://www.fca.ca/fitastars/fitastarpage.html>.
- FCA Privacy Policy <http://www.fca.ca/policy/Privacy.html>
- New generic scorecards at: <http://www.fca.ca/forms/formspage.html>
- All background information, as well as the minutes, for the Presidents' Conference is listed at: <http://fca.ca/PRES%20CONF/presconfmain.html>
- Championship results needed 3D 1996, indoor 1975, 1977, 1984, 1987. Contact Al Wills at: alwills@shaw.ca

MEETINGS

RÉUNIONS

Toronto

05-03-12/13 High Performance Committee / Comité de Haute Performance 09:00

7. Call for tournaments 2005

All clubs, with the exception of those in Québec and Manitoba, should send their **FITA Star** tournament requests to the national office NO LATER THAN 60 DAYS IN ADVANCE. Pre-payment is mandatory. Clubs in Québec and Manitoba should contact their provincial archery office. The costs remain the same: \$40 per round + \$2.80 GST = \$42.80 per round. Send requests to the FCA national office at:

#200 - 2460 rue Lancaster Road, Ottawa, ON K1B 4S5

- FCA publishes **only** those tournaments for which payment has been received.

8. News from the High Performance Committee

Introducing Excellence 2008! Sign up today at: <http://www.fca.ca/Exintro.html>

Effective January 1, 2005 all score cards must be accompanied with the full results sheet from registered tournaments in Canada in order to use the score for Excellence ranking.

Funding to FITA World Target Championships, Madrid 2005:

FCA will advertise soon for the national team coach position. Two regional team coaches will accompany the team. All 3 positions will be fully funded by FCA. FTAQ and FCA will fund 50% of the costs to send a qualified FTAQ-sanctioned level 3 coach to Madrid. Any residual funding will be applied to athlete travel according to squad ranking for that team.

- Qualification process for 2005 World Target Team – Madrid, ESP

- Three scores are required, with one major event.
 - The effective dates will be Jan 01, 2004 to May 16, 2005
 - In order to assure that Canada sends archers who are shooting international-level scores, 1 score must be shot in 2005.
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- Anti-doping link at: <http://www.fca.ca/antidoping.html>
 - Educating archers and coaches on abuse use:
<http://www.fca.ca/policy/harassmentlinks.html>
 - Canada Cup May 13-15, 2005
 - 2005 NAA Target Nationals July 30-August 5 in Colorado Springs, CO.
 - 5th Korean International - accommodation & meals covered by OC May 16-20, 2005
For further information: Korea Archery Association, #901, 88 Olympic Center, Oryun-Dong, Seoul, Korea, Tel: +82 2 420 4263, +82 2 422 3627, Fax: +82 2 420 4262,
Email: archery@sports.or.kr.

In Closing

The FCA national office will be open January 31, February 1, 3 and 4 from 07:30 to 15:30 ET. See you next week!