

INFO.E-MAIL LES NOUVELLES/NEWS le 22 octobre / October 22, 2004

Greetings/Bonjour:

FCA's High Performance Committee plans aggressively for change by 2012. More details will follow in Info.E-mail.

Park Sung-hyun (KOR) shot an unofficial world record for senior recurve women of 1405 with 351 at 70m.

Congratulations to Benny Parenteau, men's master compound, who set two world records, FITA 1440 score of 1834 on July 07, 2004 and a 30m score of 360/25 on September 11, 2004. His world record certificates were mailed to him this week.

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1. New Canadian open records - Nouveaux records canadiens

<http://www.fca.ca/records/recordpage.html>

Senior woman recurve - Sénior femme arc recourbé: Angela Kramer, Victoria, BC in a CDN 900 round with a total score of 833. 2004-09-25

Master man compound - Maitre homme arc à poulies: Rick Scammel, Victoria, BC in a CDN 900 round with a score of 295 at 55m, 298 at 45m and the total 892. 2004-09-25

Senior man compound - Sénior homme arc à poulies: Rick Scammel, Victoria, BC in a CDN 900 round with a tie-score of 295 at 55m. 2004-09-25

Master man compound - Maitre homme arc à poulies: Tom Hecht, Surrey, BC in a CDN 1200 round with a score of 288 at 70m, tie 297 at 40m and a total of 1156. 2004-08-22

Senior man barebow - Sénior homme arc nu: James Bonar, Abbotsford, BC in a CDN 1200 round with a score 273 at 40m. 2004-09-05

Senior woman barebow - Sénior femme arc nu: Linda Price, Mission, BC in a FITA FIELD 24/72 with a score of 112. 2004-09-04

Cub girl barebow - Benjamine fille arc nu: Brittany Cass, Abbotsford, BC in a CDN 1200 round with a score of 208 at 30m. 2004-09-05

Cub girl barebow - Benjamine fille arc nu: Brittany Cass, Abbotsford, BC in a FITA FIELD 24/72 with a score of 138. 2004-09-04

Cub girl barebow - Benjamine fille arc nu: Irene Jantz Lee, BC in a CDN 1200 round with a score of 109 at 50m, 141 at 40m, 233 at 20m and the total of 684. 2004-09-05

Cub girl recurve - Benjamine fille arc recourbé: Brenna Price, Mission, BC in a CDN 1200 round with a score of 90 at 50m, 132 at 40m, 135 at 30m, 211 at 20m and the total of 568. 2004-09-05.

Cub boy compound - Benjamin garçon arc à poulies: Mike Grobowsky, Richmond, BC in a CDN 1200 round with a score of 284 at 50m, 295 at 30m and 300-14x at 20m. 2004-09-05

Cub girl compound - Benjamine fille arc à poulies: Kathryn Lao, Aldergrove, BC in a CDN 1200 round with a score of 228 at 50m, 269 at 40m, 263 at 30m, 292 at 20m and the total of 1052. 2004-09-05

Junior woman compound - Junior femme à poulies: Megan Kennedy, Surrey, BC in a CDN 1200 round with a score of 272 at 60m, 283 at 50m, 297 at 30m and the total of 1140. 1004-09-05

Congratulations to all - Félicitations à tous

Christiane Murphy

Gestionnaire des records canadiens / Canadian records co-ordinator

2. Bravo, Canada!

This week's special biography features Ashley Wallace who is interested in competing internationally again at the 2005 World Indoor Championships in Aalborg, DEN.



These are some of my accomplishments from the past two years:

2003

- 2nd for Cadet Women Compound for FITA in Canada
- 2nd for Cadet Women Compound for Field in Canada
- 1st Alberta indoor 3D provincials
- 2nd team event for the Canada Winter Games

-2nd team event for the Western Canada Summer Games

2004

- 25th in the world for Junior Compound Women in outdoor FITA
- 2nd team event at Junior Worlds
- 1st for Junior Women Compound in Canada for FITA
- 1st Junior Women Compound for Field in Canada
- 1st Canada Cup
- 1st Alberta indoor target provincials

I thought that the Junior Outdoor World Championship was a great experience. Although the thing that I will probably remember the most is probably the people that I met and the new friendships made with people from around the world. I also enjoyed getting to know the team members a little more even though I fell asleep before anyone.

In the future I would like to attend the 2007 Canada Winter Games, the 2005 indoor junior/senior worlds in Denmark, the outdoor nationals in New Brunswick and the Alberta Indoor Provincials. I would also like to go to the Senior Worlds at one point in time.

3. Information for FITA Indoor World Championships 2005

Those interested so far in competing at the indoor worlds include:

Marie-Pier Beaudet
Kevin Brayford
Allan Gunter
Mike Hornsberger
Greg Maund
Jeannot Robitaille
Caitlyn Schleppe
Thomas Scully
Ashley Wallace

<http://www.fca.ca/ex/2005/05JulWorldIndoor.htm>

Information for FITA Indoor World Championships Aalborg, DEN – March 23-27, 2005

Who Can Go On This Team

The maximum number of archers that Could represent Canada at this event are:

- 3 junior & senior compound women
- 3 junior & senior compound men
- 3 junior & senior recurve women
- 3 junior & senior recurve men

An archer may compete in the Junior Championships when the competition takes place up to and/or in the archer's 18th year.

Proof of birth date is required to accompany the archer's entry form.

How can I get on the team?

The FCA standard selection process will be used.

Four FITA scores for each archer shot between **October 1, 2003 and January 09th, 2005** will be averaged. A maximum of two of those scores can be from the indoor season 2003-2004. As per MOTION HPC #03-15, the average of the four scores must be equal to or greater than the Blue Squad criteria. The top three archers with the highest average in each equipment category will be named to the Canadian Team for the World Championships. If there more archers interested than are allowed to attend, then the top-ranked archers will be named to the team. If an archer is unable to attend, the next archer on the list will be selected, providing they meet the above criteria.

If archers were not members of the Excellence 2008 programme and wish to use scores from the year 2003, they must join Excellence 2008 (when available) and submit their year 2003-2004 scores to the FCA office or Bruce Malmberg by November 1, 2004.

Please note that only two scores from the 2003-2004 indoor season can be used in the team selection average but archers do not have to use scores from 2003-2004. Three scores from 2004-2005 and 1 from 2003-2004 could be used.

If you intend to try to make this team, please contact Bruce Malmberg right away. This will help us anticipate how many archers will be going and assist us with budgeting.

When Do Scores Have To Be Submitted and To Whom?

Scores must be shot in **registered** Canadian FITA or international FITA events and must be submitted to either the FCA office fax (613) 260-2114 or Bruce Malmberg fax 613-727-1439 **by midnight on January 09, 2005.**

The team will be announced by email or phone to team members on January 10th and listed in the weekly FCA e-mail bulletin for that week and posted on the FCA web site.

Where is the Competition?

The competition will be held in Aalborg, DEN. Check FITA's web site for further information – www.archery.org, or www.archeryindoor2005.com.

What Will This Cost and What Funding Is There For This Event?

Sadly, the FCA has very little funding available for this team. However, they will try to pay the registration fee for each competitor and for each team. The FCA will also try to pay for the team uniform for each archer.

FCA will provide the team uniform for the archers and team support staff. More information on team uniforms is below. You received a uniform sizing sheet when you join Excellence 2008. Please fill it out and return them if you have not done so already – the time to arrange the uniform is very short so we must have this information well ahead of time. If you wish to purchase the tracksuit from the FCA web site in advance of team selection that would be helpful. When you make the team the FCA will reimburse part of the cost of the tracksuit.

All other costs for transportation from your home to Denmark, accommodation, meals must be paid for by the archer.

The support staff must also pay for their expenses.

FCA must register you for the tournament and make hotel reservations on your behalf.

50% of the cost for accommodation must be paid to the Organising Committee at the time the Canadian Team is registered. The remainder must be paid when the team arrives in Aalborg.

Who Are The Support Staff?

A call for the Team Leader has been made in the FCA weekly email bulletin and should be selected shortly. The team leader can then select up to 3 additional people to assist in managing the team. The Canadian Team is not allowed more than 4 support staff. If you know of people willing to travel with the team, please have them apply – we need all the help we can get.

What About Team Uniforms?

The team uniform consists of a high quality tracksuit, a white polo shirt with your name and a stylised maple leaf on the back, a T-shirt with a similar pattern and black shorts. Photos and information on the tracksuit is available on the FCA web site. Black shorts have always been a problem both in terms of fit and appearance. Therefore the FCA has decided to ask archers to bring their own black shorts. The only stipulation is that they are all black and are long enough to extend to your fingertips when standing normally (FITA rule).

The tracksuit is made from water-resistant material and can also serve as a rain suit. The jacket is red with some white and the pants are black. The sleeves zip out of the jacket leaving a very attractive vest. The pants legs zip off leaving a pair of black shorts. The tracksuit is available for purchase now through the FCA web site. Team members will receive a patch for their jackets saying National Team/Equipe National and a separate patch with the name of the team. This tracksuit will not change for the next four years. Photos are available on the FCA web site.

This notice is as much information as the FCA has at the moment. I also need to know *immediately* if you are trying to make this team. Based on this information, the team leader will book accommodations and begin investigating airfares. You may have better resources for searching for airfares and we would appreciate any information you find.

As soon as we get any more information from the organising committee, we will send it to you.

If you have any questions, please don't hesitate to contact:

Kathleen Millar
Interim Team Selection Co-ordinator
Phone: 613-260-2113
Fax: 613-260-2114
Email: information@FCA.ca

Intent to Compete in the World Junior/Senior Championship, Aalborg, DEN, March 23-27, 2005

L'intention de concourir aux championnats mondiaux jr/sr, Aalborg, DEN, du 23 au 27 mars, 2005

Please review the attached information sheet about the 2005 World Junior/Senior Indoor Championships. To plan this event, the FCA needs to know as soon as possible if you are planning to go to the Championships. Even if you are not currently qualified, but will go if you do qualify, please let me know. You can send me the following information by either:

Fax: 613-260-2114 Phone: 613-260-2113
Email: information@FCA.ca Mail: Kathleen Millar, FCA Executive Director
#200-2460 Lancaster Road, Ottawa, ON K1B 4S5

S'il vous plaît lisez bien les informations concernant le championnat mondial junior/senior en salle 2005. Afin de planifier cet événement la FCA doit savoir le plus tôt possible si vous êtes intéressé à faire partie de cette équipe. Même si vous n'êtes qualifié présentement, mais vous iriez si vous vous qualifiez, veuillez SVP me laisser savoir. Vous pouvez me faire parvenir cette information de la façon suivante; soit:

Télécopieur: 613-260-2114 Téléphone: 613-260-2113
Courier: information@FCA.ca Poste: Kathleen Millar, FCA Executive Director
#200-2460 Lancaster Road, Ottawa, ON K1B 4S5

Name/nom: _____

Address/adresse: _____

Phone: _____ Fax/ télécopieur: _____

Email/courier: _____

Passport # _____ Expiry date d'expiration: _____

Date of Birth/ date de la naissance _____

I plan to attend the World Championships Yes/oui ____ No/non ____
Je planifie participer au championnat mondial

I will arrange my own travel to Aalborg Yes/oui ____ No/non ____
Je ferai mes propres arrangements pour le voyage à Aalborg

I would like the Team Leader to book my travel to Aalborg Yes/oui ____ No/non ____
Je préfère que le gérant fasse tous les préparatifs pour le voyage à Aalborg

I would like to share a room at the hotel Yes/oui ____ No/non ____
Je préfère partager une chambre avec quelqu'un(e)

I would like a single room, if possible Yes/oui ____ No/non ____
Je préfère une chambre privée (seul) si possible

I understand that there is only sufficient funding from the FCA to cover my registration fee and a portion of my team uniform Yes ____

Je comprends que la FCA n'a que les fonds nécessaires pour mes frais d'inscription et une partie du prix de mon uniforme. Oui ____

Signature

4. FITA Indoor World Championships 2005 - Call for coach, team leader and support staff

The FCA is calling for Team Leader, Coach and support staff to accompany the Canadian team to the World indoor Championship in Aalborg, DEN, March 23-27, 2005. The team will comprise a maximum of 18 archers, male and female, compound and recurve, junior and senior. Under FITA rules, a maximum of 4 staff are permitted to accompany a team. The team selection criteria can be seen on the FCA web site in the Excellence section.

The Team Leader is responsible for the smooth administration of the team including assisting with travel arrangements, accommodation, entry fees and on site management. He/she works with the coach to ensure the smooth operation of the team both on and off the field. Both bilingualism and coaching certification would be assets but are not mandatory. In some case, the team coach and the team leader may be the same person.

The additional support staff will work with the Team Leader and Coach to assist with team management and to assist the archers in any way on the field of play during the competition. Some time will be required to work with the individual archers to determine how best to assist them. This is an opportunity for people with an interest in working with National Teams to gain the experience necessary to be a Team Leader and/or Coach for future teams. Both bilingualism and coaching certification would be assets.

It is probable that the FCA will not cover your travel costs with the team.

Applications should be sent to the FCA office by email or regular mail and must be received by Wednesday, October 31st, 2004.

E-mail: Information@FCA.ca

Please note that FITA has published revised dates for the Aalborg, DEN championship as March 23-27, 2005. For further information on the world indoor championship, a web site has been posted at: www.archeryindoor2005.com.

5. 2005 FCA target/field/3D Championship Schedule

The Organising Committee has changed its original dates in order to avoid a conflict with the Québec Summer Games and the NAA National Championships. Unfortunately, when the dates were changed, there were problems obtaining access to both sites. Here is the schedule (meetings to be added later).

Schedule		
2005 Canadian Target/Field/3D		
Fri. July 22 juillet	12:00 - 17:00	Target Practice / pratique sur cible fixe
	18:00 PM	Welcome BBQ d' accueil

Sat. July 23 juillet	08:00 - 11:00	Official Practice / pratique officielle
	12:00	FITA 1 Long Distances longues
Sun. July 24 juillet	10:00	FITA 1 Short Distances courtes
Mon. July 25 juillet	10:00	FITA 2 Long Distances longues
	15:00	Coupe Fred Usher Cup
Tue. July 26 juillet	10:00	FITA 2 Short Distances courtes
	18:00	FITA Awards Banquet de Reconnaissance
Wed. July 27 juillet	09:00	FCA Open / Cadet Shoot-off (?)
	12:00 - 17:00	Field Practice / pratique en campagne
Thr. July 28 juillet	09:00	Field Practice / pratique en campagne
	13:00	Field 24 targets / 24 cible en campagne
Fri. July 29 juillet	09:00	Field 24 targets / 24 cible en campagne
	13:00 – 17:00	3D Practice / pratique sur cible animalière
	18:00	Welcome BBQ d' accueil 3D
		Field Awards/ Rémise des médailles
Sat. July 30 juillet	09:00	3D practice / pratique sur cible animalière
	13:00	course #1 20 targets / cibles du parcours #1
	18:00	3D banquet sur cible animalière
Sun. July 31 juillet	09:00	course #2 20 targets / cibles du parcours #2
	13:00	course #3 20 targets / cibles du parcours #3
Mon. Aug. 1 août	09:00	course #4 20 targets / cibles du parcours #4
	13:00	Grand Prix
	15:00	3D awards / Rémise des médailles 3D

6. Canada Cup 2005

The FCA Executive is calling for official bids to host the 2005 Canada Cup. Clubs from the provinces of British Columbia, Alberta, Saskatchewan and Manitoba may submit bids for this major tournament.

Please send all official bids to the FCA national office before October 30, 2004.

7. SIRC

Coaching and leadership are important. SIRC would like to share some of the most requested articles by coaches this past year such as: Coaches As Leaders and The Coach-Athlete Relationship: a motivational model.

Provincial and National Sport Organizations that have been using the SIRC Sport Research services and SIRC SportDiscus to educate their coaches, have identified key

articles they want to share with their coaches, in particular: Are You Considering a Coaching Career?

From coaching insights to leadership, you will find articles of interest for community and high performance sport in this month's newsletter.

SIRC is also pleased to remind everyone about the upcoming Petro-Canada Sport Leadership Conference in Winnipeg.

Coaching Leadership - Coaches as Leaders

Being a leader is key to coaching success. Learn how to be a strong leader for your athletes.

10 Coaches Who Made a Difference

Exciting profiles of 10 coaches who have made significant contributions to coaching in Canada. Including - Jack Donohue, Fred Foot, Dave King and many more!

Youth Sport: opportunities and challenges

Learn the various issues related to coaching youth sports. Including sport members such as volunteer coaches, coach qualifications and certification, program philosophy and dealing with problem parents.

Kid-friendly Criticism - Part I & II

Article discussing the importance of using constructive criticism when coaching children in order for them to respond positively.

Comparisons of Job Attitudes Among United States and Canadian Intercollegiate Coaches

Advanced level research article examining differences among variables of coaching efficacy, leadership style, and organizational commitment within a sample of intercollegiate head coaches from Canada and the United States.

The Craft of Coaching: many qualities and attributes are needed in moving players to new levels

Being a good coach can help to have a positive affect on a player's development. The article also includes different aspects of coaching and how to improve them.

The Coach-Athlete Relationship: a motivational model

The aim of the paper is to present a motivational model of the coach-athlete relationship that describes how coaches may influence athletes motivation.

Coach's Perspective - Breaking News: Coaching Revamp Gathers Momentum

The research outlines the Canadian Professional Coaches Association (CPCA)'s involvement in recommendations to re-organize the Coaching Association of Canada (CAC) into three separate bodies: education, certification and accreditation, and members' association.

Parents: a valuable game resource

Describes a program whereby the coach can enlist the parents on the sidelines to be in charge of the team's "positive chart", which is an effort to record the positive behaviour and skills displayed by the children playing for later recognition.

It Takes a Community

For coaches to be truly successful, it takes an atmosphere of meetings, mentoring, teamwork and talking. This article explores the idea of starting a coaching community on your campus.

Are You Considering a Coaching Career?

Recognized Canadian elite athletes share their views on whether or not they may consider coaching as a career option in the future.

Coaching Initiatives

Collaborative Community Coaching – C3

C3 is a unique, values-based approach to coaching, teaching and leading. It is designed to assist adult and youth leaders in sport, recreation and educational organizations that primarily work with children aged 5-12, but the C3 approach can be used with other age groups and in other environments. We offer custom designed experiential workshops and materials that will assist coaches and program leaders.

Goulbourn Aquatic Club - produced by C3

With the construction of a new Recreation Centre in Stittsville, Ontario, the President of the Goulbourn Aquatic Club (GAC) initiated the process of establishing an alternative swim program that would create and deliver a positive sport experience, support the pursuit of excellence without excessive pressures, and be free from harassment.

Coaching Association of Canada Internship program

The National Career Focus program under the Youth Employment Strategy (YES) provides financial support to Canadian employers and organizations to provide post-secondary graduates with career-related work experience to help them acquire advanced employment skills and become leaders in their fields.

For more information please visit: www.coach.ca/e/grants/internships.htm

Publisher List

Following is a list of several articles and books that may be of interest to the coaching community. These references are found in the SIRC SportDiscus database. For more information please visit: www.sirc.ca/publishers/index.cfm

Directory of College and University Coaching Education Programs The Mental Game Plan Publisher: Fitness Information Technology

Sports Medicine, A Practical Guide for Youth Sports Coaches & Parents Publisher: PRC Publishing Inc.

Recreation and Sport Planning and Design - 2nd Edition Publisher: Human Kinetics Publishers Canada

Children and Sports Training: how your future champions should exercise to be healthy, fit, and happy Publisher: Stadion Publishing Company, Inc.

Upcoming Events

Petro-Canada Sport Leadership sportif 2004, October 29th & 30th - Winnipeg Manitoba
For further information on this conference please visit:

www.sirc.ca/online_resources/calendar.cfm or Petro-Canada Sport Leadership sportif 2004 webpage. To view the online version visit:

www.canadiansport.ca/newsletters/october/october_e.cfm

8. In Brief

- FCA outdoor championships rotation schedule is available at: <http://www.fca.ca/policy/champrotation.html>
- The Face 2 Face Tournament 9 - 12 December in Amsterdam, the Netherlands www.face2face-archery.org email info@face2face-archery.org.
- FITA Star award application procedure <http://www.fca.ca/fitastars/fitastarpage.html>.
- FCA Privacy Policy <http://www.fca.ca/policy/Privacy.html>
- New generic scorecards at: <http://www.fca.ca/forms/formspage.html>
- Qualification process for 2005 World Target Team – Madrid, ESP
 - Three scores are required, with one major event.
 - The effective dates will be Jan 01, 2004 to May 16, 2005
 - In order to assure that Canada sends archers who are shooting international-level scores, 1 score must be shot in 2005.
- Anti-doping link at: <http://www.fca.ca/antidoping.html>
- 2005 Indoor 3D nationals February 19-20 Medicine Hat, AB www.spitz3d.com
- All background information, as well as the minutes, for the Presidents' Conference is listed at: <http://fca.ca/PRES%20CONF/presconfmain.html>
- Educating archers and coaches on abuse use: <http://www.fca.ca/policy/harassmentlinks.html>

MEETINGS

Winnipeg

04-10-29

Athletes CAN Forum 2004

Petro-Canada Sport Leadership Sportif 2004

Regina

04-12-03/05

Sport Officials of Canada / Officiels sportifs du Canada

Ottawa

05-01-29/30

Executive Committee / Comité exécutif

09:00

RÉUNIONS

9. Championship Results Needed

Thank you to those who have contacted me with results.

I have been able locate many of the results, I am still in need of:

- **1996 3D**

- **1975 indoor**

- **1977 indoor**

- **1984 indoor**

- **1987 indoor**

If anyone has these results, please contact me.

Thanks again!

Al Wills

758 Cuaulta Crescent,
Victoria, BC V9C 3R7
alwills@shaw.ca
(250) 474-4909 Fax 4970 Cell 727-8351

In Closing

The FCA national office will be open October 25-29 from 07:30 to 15:30 ET. See you next week!