

**INFO.E-MAIL LES NOUVELLES/NEWS le 18 juin / June 18, 2004**

**Greetings/Bonjour:**

Please note that the CDN FITA 1440 scheduled for June 19<sup>th</sup> in Edmonton, AB will now take place in Calgary. There will be no 900 round. Contact Kevin Brayford for details.

Archery Olympic Trials Announced for 2004

Ottawa - June 17, 2004

"On behalf of the High Performance Committee, the FCA Executive and Board of Directors, it is my pleasure to announce Canada's archery trials for the Athens Games will take place in Toronto, ON from June 25-27 at Crescent School," announced Mr. Arthur Nault, FCA's Vice-President of High Performance.

"Canada has earned one spot on the Olympic line for men and one for women. Two men and two women will compete in Toronto."

"Our men will be former Olympian Robert Rusnov (Richmond Hill, ON) and Jonathan Ohayon (Toronto, ON) who resides in Redlands, CA."

"Our women included junior Marie-Pier Beaudet (Lévis, QC) and senior Racheal Savage (Caledon, ON)."

"FCA's Olympic Coach, Joan McDonald has been hard at work, along with all members of FCA's High Performance Committee."

"On behalf of the FCA membership, I wish them much success at the trials. "

**XXVIII Olympic Summer Games (Provided by the Canadian Olympic Committee)**

Date of Games: August 13 to August 29, 2004

Location: Athens, Greece

Canadian Chef de Mission: David Bedford

Canadian Assistant Chef de Mission: Nathalie Lambert

Estimated Canadian delegation size: 317 Athletes + 200 Support Staff (Coaches, Team Leaders, Mission)  
**Total: 517**

**Olympic Schedule**

For the complete event schedule visit:

[hyperlink removed]

PODIUM is a monthly electronic newsletter aimed at keeping athletes, the sport community, our members and our partners informed about our activities and initiatives.

Vol. 2, Issue 6, June 2004

[hyperlink removed]

Our online newsletter features:

Gold Medal Plates Event Helps Support the Dreams of Canadian Athletes  
Dressed for Success: Roots Clothing Launch  
Toronto Blue Jays Event  
2004 CAL Leadership and Sport Scholarship Awarded to New Brunswick Youth  
Athens Update: Tips for Parents, Family and Friends at the Games  
Athens Athlete Orientation Sessions  
Pass the flame, unite the world  
Beckie Scott Gold Medal Ceremony to take Place in Vancouver  
COC Mourns Passing of Jack Lynch  
2010 Update: National Search Launched for New Vancouver 2010 Games Emblem

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[Register for the 3D nationals today!](#)

2004 3D championships, July 30 - August 02 in Prince George, BC [hyperlink removed]  
Don't miss out on a great tournament. Use the links from the FCA website to pre-register NOW!

And, a message from Chairman Kent Maitland: Please remind everyone that this is BC and hiking boots will be strongly recommended. We have built over 200 stairs in the terrain to try to make it more passable but it is still steep and mean!

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### **1. Recurve & Compound Teams Announced for 2004 Junior/Cadet World Archery Championships**

Ottawa - June 17, 2004

"On behalf of the High Performance Committee, the FCA Executive and Board of Directors, it is my pleasure to name Canada's National Junior/Cadet Team to compete in

Lilleshall, GBR from July 18-24," announced Mr. Arthur Nault, FCA's Vice-President of High Performance.

"The FCA is sending a very strong team this year. Our men's Recurve (Olympic-style) team includes juniors Crispin Duenas (Scarborough, ON), Jay Lyons (Winnipeg, MB), and cadet Darcy Graham (Toronto, ON)."

"Our men's compound team members are juniors Micheal Schleppe (Calgary, AB), Ryan Flannigan (Prince Albert, SK), Allan Gunter (Winnipeg, MB) and cadets Evan Winslow (Thunder Bay, ON) and Matthew Cornish (Corman, SK)."

"Our women's compound team members are juniors Ashley Wallace (Redcliff, AB), Brittany McMillan (Prince George, BC), Megan Kennedy (Surrey, BC), Emerald Lemke (Abbotsford, BC), and cadet Doris Jones (Selkirk, MB)."

"Our women's Recurve (Olympic-style) team included junior Marie-Pier Beudet (Lévis, QC) and cadets Kristel Alain (Loretteville, QC) and Stéphanie Girard (St-Nicolas, QC)."

"FCA's support staff has been hard at work. They include Head Coach Susan Lemke (Abbotsford, BC) and Assistant Team Manager Karen Wallace (Redcliff, AB)."

"On behalf of the FCA membership, I wish them much success at the FITA World Junior/Cadet Championships. "

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## **2. Recurve & Compound Teams Announced for 2004 Pan American Archery Championships**

Ottawa - June 17, 2004

"On behalf of the High Performance Committee, the FCA Executive and Board of Directors, it is my pleasure to name Canada's National Team to compete in Valencia, VEN from July 3-11," announced Mr. Arthur Nault, FCA's Vice-President of High Performance.

"The FCA is sending a very strong team this year. Plus, young Canadian archers will be competing at their first international event."

"Our men's Recurve (Olympic-style) team includes seniors Hugh MacDonald (Vancouver, BC), Jonathan Ohayon (Redlands, CA), Brian Arcand (Toronto, ON) and wheelchair archer Alec Denys (London, ON), and junior Matthew Marcinkowski (Winnipeg, MB)."

"Our men's compound team members are senior wheelchair archer Norbert Murphy (Vaudreuil-Dorion, QC), junior Nolan Johnson (Melville, SK), and cadet Nathan Cameron (Sherwood Park, AB)."

"Our women's compound team member is Heather Kennedy (Surrey, BC)."

"Our women's Recurve (Olympic-style) team included cadets Kristen Niles (Edmonton, AB) and Kelsey Davidson (Edmonton, AB)."

"FCA's support staff has been hard at work. They include Head Coach Larry Kelly (Edmonton, AB) and Assistant Team Manager David Cameron (Sherwood Park, AB)."

"On behalf of the FCA membership, I wish them much success at the FITA World Regional Championships. "

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### 3. In Brief

- Competing in the USA this year at FITA-sanctioned events? Using medication for therapeutic use? There is a chance you could be selected for doping control tests. Make sure you protect yourself and the sport of archery. Download and use the appropriate FITA Therapeutic Use Exemption (TUE) form from their website, complete it and submit it to FITA as soon as possible. [www.archery.org](http://www.archery.org).
  - US Target Championship registration forms are available at: [usarchery.org](http://usarchery.org)
  - New generic scorecards at: <http://www.fca.ca/forms/formspage.html>
  - Wanted: Volunteers to help the webmaster keep the web page bilingual, usually just a sentence or two is needed at any given time.  
Contact [webmaster@fca.ca](mailto:webmaster@fca.ca)
  - New FCA rulebook: <http://www.e-bizinus.com/fca/rules/>
  - Updated national records at: <http://www.fca.ca/records/recordpage.html>
  - Qualification process for 2005 World Target Team – Madrid, ESP
    - Three scores are required, with one major event.
    - The effective dates will be Jan 01, 2004 to May 16, 2005
    - In order to assure that Canada sends archers who are shooting international-level scores, 1 score must be shot in 2005.
  - Anti-doping link at: [hyperlink removed]
  - New Canadian Doping Control Rules:  
[hyperlink removed]
  - Results for all Canadian archers who competed in the MICA championships can be found at:  
MICA: [hyperlink removed]
  - New tournament results are available (with photos) at:  
<http://www.fca.ca/Resultsfolder/2004Tournresults/04Locresultspage.htm>
  - 5th World University Archery Championship Madrid, July 21st-24th 2004
  - FCA's 2004 Volunteer Handbook will be available (in English only) upon request from the national office. Order #015-A400E. The cost is \$5.00.
  - 2004 Target/Field Championships, July 31 - August 07 in Toronto 2004 FCA Target/Field Championship schedule, registration form and accommodation information is available now from the FCA website, or at the direct link. 2004 Target Championships t-shirts are available to order from the Caledon website. See the link below for pictures and order forms:  
[hyperlink removed]
- The block rate for hotel rooms at the Howard Johnson expires June 30 2004.** If registrants want the special rate, they need to book before the end of the month. The hotel is not willing to extend the rate beyond the end of June
- 2005 Indoor 3D nationals February 19-20 Medicine Hat, AB [hyperlink removed]
  - 2005 3D/target/field championships Saint John, NB

- The **reporting template for reporting results** to FCA (for inclusion on the webpage) has been **updated**, please download the sheet from the following link: [http://www.fca.ca/Resultsfolder/FCAScoreTemplateMar22\\_04.xls](http://www.fca.ca/Resultsfolder/FCAScoreTemplateMar22_04.xls)
- All background information, as well as the minutes, for the Presidents' Conference is listed at: <http://fca.ca/PRES%20CONF/presconfmain.html>
- Educating archers and coaches on abuse use: [hyperlink removed]

MEETINGS

RÉUNIONS

Prince George, BC

04-07-30 3D committee / Comité de tir sur cible animalière 18:00

Toronto, ON

04-08-03 Executive Committee / Comité exécutif 19:00

04-08-04 Board Meeting / Comité administratif 17:00

04-08-05 Annual General Meeting / Réunion Annuelle Générale 16:00

Athlete **TOWNHALL / RÉUNION** des Athlètes

Doping Control Information / Informations du Contrôle du dopage

**REVISED Schedule of 2004 Canadian Target / Field Championships**

		<b>Time</b>	<b>Event</b>	<b>Location</b>
Fri. July 30	am	8:00 - 12:00	Judges Clinic	club house
	pm	1:00 - 5:00	Judges Clinic/ field inspection	field course
Sat, July 31	am	8:00 - 12:00	Judges Clinic	club house
		12:00 - 5:00	Field Course Practice	field course
	pm	1:00 - 5:00	Judges Clinic	club house
		1:00 : 3:00	Field sign in.	club house
Sun Aug 1	am	8:00 - 11:00	Field Course Practice/sign in	field course
		12:00 - 3:00	Field - 12 targets	field course
	pm	3:00 - 6:00	Field - 12 targets	field course
Mon Aug 2	am	9:00 - 12:00	Field - 12 targets	field course
	pm	1:00 - 4:00	Field - 12 targets	field course
		1:00 - 6:00	Target Practice	target range
		1:00 - 3:00	Target Check in /Equipment Inspection	club house
		4:30 - 5:00	tournament information meeting	club house
		5:30 - 5:45	Event Opening Ceremonies	club house
		5:45 - 6:10	Novelty event TBA	target range
		6:15 - 8:00	Welcome BBQ/ Field Awards	club house
Tues. Aug 3	am	8:30 - 9:00	Opening Announcements - TARGET	target range
		9:00 - 9:45	official target practice	target range
		10:00	FITA 1 - Long Distances	target range
	pm	after shooting	Drug Control Seminar/Athletes Meeting	club house
		7:00	Exec Meeting #1	Howard Johnson

Wed. Aug 4	am	9:00 - 9:45 10:00	official practice FITA 1 - Short Distances Fred Usher Cup	target range target range target range
	pm	after shooting 5:00	FCA Board Meeting/Dinner	club house
Thur. Aug 5	am	9:00:- 9:45 10:00	official practice FITA 2 - Long Distances	target range target range
	pm	after shooting 7:00	AGM free social night	club house TBA
Fri. Aug 6	am	9:00 - 9:45	official practice FITA 2 - Short Distances	target range target range
	pm	after shooting 7:00	Drug testing Banquet and Championship Awards	club house at club
Sat. Aug 7	am	9:00 - 9:45 10:00	official practice FCA OPEN	target range target range
	pm	approximate 3:00	FCA Open Awards Closing Ceremonies	target range

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#### 4. Doris Jones sets new cadet world records

FITA confirmed Doris Jones' (MB) records for the new cadet distances. She shot 340 at 50M, 339 at 60M, and a FITA total of 1353. Congratulations, Doris!

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#### 5. New Canadian open records - Nouveaux records canadiens ouverts

Pre-cub girl recurve - Minime fille recourbé: Molly Solc, Joyceville, ON in a CDN900 round with a score of 187 at 30m, 232 at 25m, 234 at 20m, and a total of 653. 2004-05-30

Cub girl compound - Benjamin fille arc à poulies: Shianne Buzikievich, Pitt Meadows, BC in a CDN900 round with a score of 286 at 25m. 2004-05-02

Cub girl compound - Benjamin fille arc à poulies: Shianne Buzikievich, Pitt Meadows, BC in a CDN900 round with a score of 291 at 35m, and the total of 832. 2004-05-09

Cub girl compound - Benjamin fille arc à poulies: Shianne Buzikievich, Pitt Meadows, BC in a CDN900 round with a score of 270 at 45m. 2004-05-30.

Junior woman compound - Junior femme arc à poulies: Doris Jones Selkirk, MB in a CDN FITA 1440 round with a score of 333 at 70m, 344 at 60m, and the total of 1353. 2004-06-05

Cadet woman compound - Cadette femme arc à poulies: Doris Jones Selkirk, MB in a CDN FITA 1440 round with a score of 344 at 60m. 2004-06-05

Master woman recurve - Maitre femme recourbé: Ghyslaine Hugron, Montréal-Nord, QC dans une FITA STAR 1440 avec un score de 307 à 30m. 2004-05-30

Pre-cub boy recurve - Minime garçon recourbé: Andrew Cichocki, Toronto, ON in a FITA 1440 with a score of 318-tie at 30m, 329 at 25m (122cm face), 319 at 20m, and a total of 1262. 2004-06-06

Cub boy recurve- Benjamin garçon recourbé: Chris Mestre, Toronto, ON. in a FITA 1440 with a score of 298 at 50m. 317 at 40m. 322 at 30m. and the total of 1268. 2004-05-29

Cadet man recurve - Cadet homme recourbé: Darcy Graham. Toronto, ON in a FITA STAR 1440 with a score of 316 at 70m. 2004-05-22

Junior man recurve - Junior homme recourbé: Crispin Duenas, Toronto, ON. in a FITA 1440 with a score of 334 at 70m. and the total of 1303. 2004-05-30.

Junior man recurve - Junior homme recourbé: Crispin Duenas, Toronto, ON in a FITA 70m (72arrows) with a score of 640. 2004-05-22

Junior man recurve - Junior homme recourbé: Jay Lyon, Winnipeg, MB in a Match play-18 with a score of 166 and in a Match play-12 with a score of 113. 2004-06-13

Senior man recurve - Sénior homme recourbé: Jay Lyon, Winnipeg, MB in a Match play-12 with a score of 113. 2004-06-13

Master man compound - Maitre homme arc à poulies: Greg Durward Salt Spring Island, BC in a FITA 70m (72arrows) with a score of 659. 2004-05-24

Master man BH limited - Maitre homme chasseur limité: Garry Hornsberger, Coquitlam, BC in a CDN900 round with a score of 264 at 55m, 269 at 45m, 286 at 35m, and the total of 819. 2004-05-29

Congratulations to all - Félicitations à tous

Christiane Murphy

Gestionnaire des records canadiens / Canadian records co-ordinator

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## **6. Nominees announced for FCA Annual Awards**

Congratulations to the following FCA members who were nominated for the 2003 Annual Awards. Awards will be presented to the winners at the FCA AGM in Toronto on August 5, 2004

### **Dorothy Lidstone Female Athlete of the Year / Athlète de l'année - Femme**

Groszko, Dawn (nominated by ATAA)

Maltais, Ginette (nominated by FTAQ)

Savage, Racheal (nominated by OAA)

### **Frank Jones Male Athlete of the Year / Athlète de l'année - Homme**

Ohayon, Jonathan (nominated by member)

Parenteau, Benny (nominated by FTAQ)  
Rusnov, Robert (nominated by OAA)  
Wilson, Ed (nominated by ABAM)

**Tom Mack Junior Athlete of the Year / Athlète de l'année - Junior**

Chiple, Jade & Johnson, Nolan (nominated by SAA)  
Davidson, □□Kelsey (nominated by ATAA)  
Duenas, Crispin (nominated by OAA)  
Tataryn, □□Kevin & Jones, Doris (nominated by ABAM) □

**Hank Wiseman Coach of the Year / Entraîneur de l'année**

Brisson, Léonard (nominated par la FTAQ)  
Wiebe, James (nominated by FCA Coach Committee)

**Volunteer of the Year / Bénévole de l'année**

Dopson, Andrea (nominated by OAA)  
Wanner, Monai (nominated by SAA) □

**Judge of the Year / Juge de l'année**

Gunther, Jeff (nominated by ABAM)  
McKenty, Sean (nominated by OAA)  
Mason, James (nominated by ATAA)  
□Robert, Jean-Marie (nom. by FTAQ)

**DM Lovo Outstanding Contribution / DM Lovo Contribution exceptionnelle**

2003 Men's World Target Compound Team (nominated by ABAM)  
Beauregard, Sylvio (nominated by FTAQ)

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**7. 2004 International Coaching School**

The 2004 International Coaching School (ICS) will take place from August 20-29, 2004. ICS is an annual coach development conference that involves a week of lectures, workshops, and coaching courses with speakers from around the world.

A NCCP Level 3 Theory course, Level 4/5 tasks, and Level 3 Theory Course Conductor training are among the offerings. The ICS is hosted every summer by the National Coaching Institute - BC at the University of Victoria.

For more information contact: International Coaching School, P.O. Box 1700, Victoria, BC Canada V8W 2Y2, email: coach@uvic.ca. Telephone: (250) 721-7589 Fax: (250) 721-8833.

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**8. Athletes CAN Congratulates the 20 Team Investors Group Amateur Athletes Fund Recipients**

June 11, 2004 (VICTORIA, BC) - Athletes CAN, the Association of Canadian National Team Athletes, would like to recognize the Team Investors Group Amateur Athletes

Fund bursary recipients for 2004. Investors Group, one of Canada's leading wealth management and wealth creation firms, provides twenty \$5,000 bursaries each year to assist Canada's elite amateur athletes with the costs of training and competition.

In keeping with Investors Group's commitment to amateur sport in Canada, an Amateur Athlete Bursary Fund was established to support Canada's top amateur athletes. Hundreds of Canada's best athletes from across the country applied for the bursary. A selection committee made up of current and retired amateur athletes selected the twenty recipients. Athletes CAN and the Spirit of Sport Foundation, through a partnership with Investors Group oversees the adjudication process and administration of the Fund. Selection criteria includes: athletic achievement, financial need and community involvement. "Athletes at this level can and should serve as mentors to young people." said Richard Irish, Vice-President, Community Affairs & Area Marketing with Investors Group, "through our bursary program, we want to support and encourage our athletes to give back to their sport and to their community."

The Team Investors Group Amateur Athletes Fund Selection Committee was impressed with the accomplishments and commitment to sport by all the applicants. Thomas Jones, CEO of Athletes CAN, commented, "Canada's amateur athletes have a difficult time to make ends meet and Investors Group has come forward to assist in making it a little easier for athletes to concentrate on training and competition. We are especially pleased to continue our partnership with Investors Group in this important program of support to Canada's best".

Athletes CAN would like to thank Investors Group for their generous contribution and commitment to Canadian athletes.

2003 Team Investors Group Amateur Athletes Fund Recipients:

Lyndsay	Belisle	Wrestling	Burnaby, BC
Jessica	Chase	Synchronized Swim	Ville St. Laurent, QC
Robin	D'Abreo	Field Hockey	Vancouver, BC
Nicolas	Gill	Judo	Montreal, QC
Garett	Hickling	Wheelchair Rugby	Kelowna, BC
Andrew	Hoskins	Rowing	Victoria, BC
Courtney	Knight	Athletics	Burnaby, BC
Jaret	Llewellyn	Water Skiing	Innisfail, AB
Joanne	Malar-Morreale	Swimming	Hamilton, ON
Clayton	Miller	Shooting	Saskatoon, SK
Fiona	Milne	Rowing	Niagara-on-the-Lake, ON
Helen	Nichol	Badminton	Burlington, ON
Catherine	O'Brien	Canoe/Kayak	Edmonton, AB
Steve	Omischl	Freestyle Ski	North Bay, ON
Jeff	Pain	Skeleton	Calgary, AB
Graham	Ryding	Squash	Toronto, ON
Sami Jo	Small	Hockey	Winnipeg, MB
Jason	Tunks	Athletics	London, ON
Adam	Van Koeverden	Canoe/Kayak	Oakville, ON
Meaggan	Wilton	Softball	Blenheim, ON

Athletes Forum 2004 – Victoria, British Columbia, October 1-3, 2004. Register early to ensure your place at the 12th Annual Athletes Forum. See [www.athletescan.com](http://www.athletescan.com) for complete details.

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## **9. Discussion Forum**

Hello All,

I have been asked to form a committee for FCA on Women in Archery. The FCA considers this a very important issue and solicits your input. It's an age-old question: Where are all the Women?

Archery is no different from most sports. There is a definite minority of women as participants at all levels & all disciplines, but not in governance. It would be nice to have some sort of task force that travelled to clubs and different provinces, but like most projects there just isn't the resources. Therefore, we have to make the best use of the resources we have!

There is no easy answer, but maybe by discussing the issue here, we can get some feedback and adjust our thinking somewhat to generate more interest by women and more enjoyment for those already in the sport. All comments are welcome, from women and men.

Consider answering the following (not an exhaustive list):

- Where are all the women?
- Why do women start in the sport, but do not stay?
- Why does it seem there are more women in governance as a percentage than in participation?
- What are the barriers for women that men don't have?
- Is it just that archery is a man's sport?
- Is there a place for women in 3D?
- Is there something we could/should be doing?
- What can be done short or long term?

I would like to hear any and all thoughts. Let's provoke some debate. If you would like to comment 'off line', please contact me at: [alwills@shaw.ca](mailto:alwills@shaw.ca).

Looking forward to hearing from you soon!

Yours in archery,  
Al Wills  
758 Cuaulta Crescent,  
Victoria, BC V9C 3R7  
[alwills@shaw.ca](mailto:alwills@shaw.ca)

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## **10. Bids for the 2006 national target/field & 3D championships**

The FCA Executive is calling for official bids to host the 2006 national target/field & 3D championships. For 2006, the rotating 3D schedule designates the province of Alberta.

Please send all official bids to the FCA national office before July 25, 2004.

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## 11. SIRC

SIRC ID: S-920454

Title: Appendix C: archery and basketball examples of a summative assessment: South Carolina physical education assessment program - high school archery.

Language: Eng Total Pages: 6 Call Number: GV201 #1860

Notes: Special issue: State level assessment in physical education: the South Carolina experience.

Presents an assessment tool used in the South Carolina Physical Education Program Assessment - "Archery Examples of a Summative Assessment".

SIRC has this Serial Analytic

SIRC ID: S-938588

Title: Building the feedback sandwich.

Author(s): Layton, R. Language: Eng Total Pages: 2

"Feedback is one of the coach's most powerful coaching tools. In this article Rebecca Layton shows how to improve the quality of the feedback you provide. She also suggests a practical activity to help you analyse your own coaching effectiveness." This Serial Analytic is available from AAIS

SIRC ID: S-938037

Title: Courez, c'est important et urgent! (There is an important and urgent need to run!)

Author(s): Pia, M. Language: Fr Total Pages: 1

Notes: Se connaitre: mental. Call Number: GV1061 P4 #820

Describes how to become motivated to include running into your schedule.

SIRC has this Serial Analytic

SIRC ID: S-934245

Title: Esteem team works with youth to realize their dreams. Equipe esteem aide les jeunes a realiser leurs rêves.

Author(s): Ling, L. Language: Eng Total Pages: 1

Call Number: GV585 P4 #860

Provides information about of a team of Olympic, Paralympic and other elite Canadian athletes who provide motivational seminars for children and youth.

Includes contact details. SIRC has this Serial Analytic

SIRC ID: S-927761

Title: Goal setting.

Author(s): Rimanelli, K. Language: Eng Total Pages: 3

Notes: A sound mind: the mental game plan. Call Number: SF277 #1281

Provides advice on how to set goals using the 4 P's: positive, precise, priorities and performance. SIRC has this Serial Analytic

SIRC ID: S-940713

Title: I hear what you say, but what are you telling me?: the strategic use of nonverbal communication in mediation. 1st ed.

Author(s): Madonik, B.G. Language: Eng

Notes: Includes bibliographical references (p. 267-273) and index.

Barbara Madonik - communication expert, mediator, and international consultant - presents practical information and techniques for mediators who want to use nonverbal communication to their strategic advantage.

SIRC ID: S-879881

Title: Is physical activity important for psychological wellness?

Language: Eng Total Pages: 2 Call Number: RA781.P4 #441

Notes: Fitness informer: FACA professional development credit article.

Describes the role physical activity has in treating psychological problems such as anxiety and depression. Includes information on the effects of combining physical activity with psychotherapeutic drugs. SIRC has this Serial Analytic

SIRC ID: S-938175

Title: Justifications for unethical behaviour in sport: the role of the coach.

Author(s): Dodge, A. and Robertson, B.

Language: Eng Total Pages: 17 Notes: Article also available in HTML at [hyperlink removed]

In search for a competitive edge, some athletes engage in unethical behaviour.

This research addresses the justifications varsity athletes offer for engaging in unethical behaviour. A central theme of the paper is the role of the coach, both as a source of motivation for engagement in various types of unethical behaviour and as an advocate for ethical practises. Particular emphasis is placed upon understanding the experience of female athletes. Some occurred under certain circumstances. Clear gender differences were indicated in all aspects of the study, with females reporting lower levels of agreement with all justifications for unethical behaviour than males.

SIRC has this Serial Analytic

Order now via SIRCEXpress

SIRC ID: S-938176

Title: Justifications pour un comportement contraire a l'ethique dans le sport: Le role de l'entraîneure.

Author(s): Dodge, A. and Robertson, B.

Language: Fr Total Pages: 18 Notes: Article also available in HTML at [hyperlink removed]

Pour avoir l'avantage sur leurs concurrentes, certaines athletes font preuve d'un comportement contraire a l'ethique. La presente recherche porte sur les justifications fournies par les athletes universitaires pour expliquer leurs comportements contraires a l'ethique. L'un des themes cles de la recherche est le role de l'entraîneure ou entraîneur, que ce soit a titre de source de motivation pour l'adoption de divers types de comportements contraires a l'ethique ou de promotrice ou promoteur des pratiques ethiques. La recherche s'attarde specialement a la comprehension des experiences vecues par les athletes feminines. Certaines situations se produisent dans des circonstances particulieres. Des differences marquees entre les sexes ont ete constatees dans tous les aspects de la recherche; les femmes ont rapporte des niveaux d'adhesion inferieurs a ceux des hommes en ce qui a trait a toutes les justifications pour un comportement contraire a l'ethique. SIRC has this Serial Analytic

SIRC ID: S-938819

Title: L'entrainement mental en escalade. (Mental training in climbing.)  
Author(s): Guidi, O. Language: Fr Total Pages: 4  
Notes: Haut niveau. Call Number: GV201 #1180

SIRC ID: S-924280

Title: The emotional effects of writing about stressful experiences: an exploration of moderators.

Author(s): Horneffer, K.J. and Jamison, P.W.

Language: Eng Total Pages: 13 Call Number: RA440 P4 #80

The emotional effects of writing about stressful experiences was studied using a quasi-experimental design in which ninety-one college students, who journaled for fifteen minutes on two occasions, were compared to 71 participants in a comparison group. Locus of control, extroversion, and previous experience with journaling were considered as moderating variables. The results indicated greater improvements in emotional health for the treatment group, with males benefiting to a greater degree than females. These findings suggest the short-term effectiveness of brief journaling interventions across the personality dimensions considered. The relevance of these findings for occupational therapists is considered.

SIRC has this Serial Analytic

### **Kids and Activities**

School's out this month, the kids are wired and the 2004 Olympics are just around the corner. SIRC has been receiving many requests concerning the upcoming Olympic games, our Canadian athletes and available Olympic resources. For Olympic fun and games visit [hyperlink removed].

### **2004 Athens Resource Kit**

The 2004 Athens Resource Kit provided by the Canadian Olympic Committee teaches youth and adults alike about the Olympic games. Teachers and parents will find resources such as Olympic symbols, Olympic history, opinions and tips. To access the 2004 Athens Resource Kit visit [hyperlink removed].

### **Additional Teacher and Parent Resources**

For additional teacher and parent resources visit [hyperlink removed].

### **Summer Nutrition Basics**

The heat of summer is just around the corner and eating right will not only provide your body with the necessary energy to prepare for the Olympics but it will also keep you healthy throughout the summer months. Below are links to several featured articles and recipes. We hope you enjoy many healthy meals while cheering on our Canadian Athletes.

### **Ten Tried and True Recipes for Family Fun**

Provides ideas to help parents plan entertaining recreational activities for the summer vacation. To view the recipes visit [hyperlink removed]

### **Pack Kid's Lunches Full of Nutrients**

Outlines a number of ways a parent can pack a healthy and fun lunch for school that your kids will eat. To view the article visit [hyperlink removed].

### **Picnic Packing for Spring Sports**

If you have active children in summertime sports much of your family's time may be

spent at ball diamonds or soccer fields. Instead of always eating the "hotdogs and chips", try some of these interesting ideas, visit [hyperlink removed]

**Upcoming Events**

SportDiscus Highlighted at American Library Association (ALA)  
June 26 - June 29th, Orlando, Florida - Orange County Convention Centre

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**In Closing**

Thanks go to Gary Gillies, Joan McDonald and all the volunteers who made the 2004 Ontario Spring Classic such a success - even served coffee with a smile to the workers. The tournament set a new attendance record of 93, all but 2 archers were Canadian. Congratulations for a job well done again this year!

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The FCA national office will open next week June 21-25 from 07:30 to 15:30 ET, except for June 9th. See you next week!