

**INFO.E-MAIL LES NOUVELLES/NEWS le 28 novembre / November 28, 2003**

**Greetings/Bonjour:**

Bob Sheppard retires as AANS President

Congratulations to M. Claude Langlois who was elected the new AANS President on November 22<sup>nd</sup>. He replaces Robert Sheppard, long-time volunteer at the local, provincial and national levels. Bob has decided to take off a few more hats, but stays involved with the national and international judging programmes. Thank you, Bob, for all your work and leadership over the years.

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Bob Sheppard prend sa retraite du poste du président de l'AANS

Félicitations à M. Claude Langlois qui a été élu du poste président de l'AANS le 22 novembre. Il remplace Robert Sheppard, bénévole depuis longtemps aux niveaux du club, du province et du pays. Bob a décidé de s'enlever quelques chapeaux, mais il reste fidèle au programme national et au programme international des juges. Merci, Bob, pour tous tes efforts et leadership pendant les années.

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## 1. Ranking List

There have been major problems with the ranking database this year and there are bound to be some errors. Please check the current listing at:

<http://www.fca.ca/ranking/03rank/2003rankingclassment.htm>

Please advise Joan McDonald of any changes at: [jmcdonald@attglobal.net](mailto:jmcdonald@attglobal.net)

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## 1. La Liste du Ranking national

Il y avait plusieurs problèmes avec le logiciel du ranking cette année, et donc il est possible qu'il y ait quelques erreurs. SVP vérifiez la liste mise-à-jour à:

<http://www.fca.ca/ranking/03rank/2003rankingclassment.htm>

Si on y trouve quelques fautes, contactez Joan McDonald à:  
[jmcdonald@attglobal.net](mailto:jmcdonald@attglobal.net)

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## 2. FITA

### **Archery Association of India is looking for a top-level coach**

India is looking for a top-level coach for preparing its National team to the 2004 Olympic Games. Below is the information provided by the Archery Association of India regarding this job offer. Candidatures to be sent to:

[kamineni@gecsl.com](mailto:kamineni@gecsl.com) or to [sreerupa@cal2.vsnl.net.in](mailto:sreerupa@cal2.vsnl.net.in)

Regards,

Pascal COLMAIRE

Technical and Training Director, Fédération Internationale de Tir à l'Arc

Type of event: seminar, camp, course: Coaching program

Objective of the event: Coaching of archers

Duration of the event: Eight months Jan 1st 2004 to Aug 31st 2004

Level of the event and of the participant: Indian archery team for Olympics

**Language(s): English**

All financial information: Monthly remuneration is negotiable

Location, with the nearest airport: Kolkata (Calcutta) India

Type of accommodation: Deluxe room in Sports Authority of India guest House

Goals to be achieved: Preparation of Indian team for Athens Olympics

Deadline application: December 10,2003

Final selection: date: December 20,2003

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### 3. In Brief

- 2004 3D championships Silvertip Archers, in Prince George, BC
- 2004 Target/Field Championships - Archers of Caledon  
bruce\_savage@rogers.com
- 2005 3D/target/field championships Saint John, NB
- 2005 Indoor 3D nationals, **Medicine Hat**, AB, contact  
archery@monarch.net
- If you would like the results for your club or province's FCA events posted,  
use <http://www.fca.ca/Resultsfolder/FCAScoreTemplateSep15.xls>
- All background information, as well as the minutes, for the Presidents'  
Conference is listed at: <http://fca.ca/PRES%20CONF/presconfmain.html>
- Educating archers and coaches on abuse use:  
<http://www.fca.ca/policy/harassmentlinks.html>
- The minutes and all the reports are at:  
<http://www.fca.ca/Meetings/2003/03HPCOct26.htm>
- [www.athens-rent-house.com](http://www.athens-rent-house.com)

- Tournament calendar for 2003 at: <http://www.fca.ca/fcacalhist.htm>
- Team Investors Group Amateur Athletes Fund website  
[www.athletescan.com](http://www.athletescan.com)
- Athens 2004 Olympic Youth Camp (OYC) [www.olympic.ca](http://www.olympic.ca) under Youth.  
The application deadline is Friday, January 16, 2004 at 5:00 p.m.

## MEETINGS RÉUNIONS

Winnipeg, MB 09:30

03-11-29/30 Coach Committee Meeting / Réunion du comité des Entraîneurs

Ottawa, ON 09:00

04-01-24/25 Executive Committee Meeting / Réunion du comité exécutif

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### 3. En Bref

- championnats 3D 2004 - Les Archers Silvertip, de Prince George, C-B
- champs 2004 cible fixe/campagne -Archers de Caledon  
[bruce\\_savage@rogers.com](mailto:bruce_savage@rogers.com)
- championnats 3D/cible fixe/en campagne 2005 Saint John, N-B
- championnats 3D en salle 2005, **Medicine Hat**, AB contactez  
[archery@monarch.net](mailto:archery@monarch.net)
- Si vous voulez publier les résultats de la FCA du niveau club ou du niveau provincial, SVP utilisez  
<http://www.fca.ca/Resultsfolder/FCAScoreTemplateSep15.xls>
- Toutes les informations, ainsi que le procès-verbal, de l'importante Conférence des Présidents sont disponibles à:  
<http://fca.ca/PRES%20CONF/presconfmain.html>
- renseigner nos archers et entraîneurs sur le sujet d'abus à:  
<http://www.fca.ca/policy/harassmentlinks.html>
- Les procès-verbaux ainsi que tous les rapports sont disponibles à:  
<http://www.fca.ca/Meetings/2003/03HPCOct26.htm>
- [www.athens-rent-house.com](http://www.athens-rent-house.com)
- Calendrier des tournois du 2003 à: <http://www.fca.ca/fcacalhist.htm>
- Fonds d'athlétisme amateur Équipe Groupe Investors site Web  
[www.athletescan.com](http://www.athletescan.com)

- Camp olympique des jeunes d'Athènes 2004 à: <http://www.olympic.ca> sous la rubrique Jeunesse. La date limite de soumission des demandes est le vendredi 16 janvier, à 17h.

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Ottawa, ON 09:00

04-01-24/25 Executive Committee Meeting / Réunion du comité exécutif

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### **4. Funding Sport in Canada part #4 #5 & #6 (uniquement en anglais)**

*Our thanks to the Commonwealth Games Clipping Service for bringing this important series of articles to our attention.*

Vancouver Province series on Sport Funding (Part 4) A Look at Australia

We should be more like Australia. That's the mantra you hear whenever there's a discussion in Canada about sport funding and athlete development.

Canada won 14 medals at the 2000 Olympics in Sydney and added 17 two years later in Salt Lake City. Australia, with a population below 20 million won 58 medals in Sydney and two golds in 2002. Well, swim coach Jim Fowlie, now back in Canada after spending 10 years coaching in Australia, suggests things don't really need to be that different between the two countries.

"There is enough money in the Canadian system," he says. "The problem here is it's an old, old model. What we haven't done is improve the model in 27 years." Canada needs to be smarter. A swim club here, unlike Australia, might get money from a casino or bingo operation through the provincial lottery fund. But the club has to pay some of the costs for the operation of the pool it's using. A club might get \$30,000 in lottery funding but it could get an annual bill from the municipality for \$60,000. The club would have to raise the money to pay the rest of the bill. The municipality, essentially, is downloading the cost of maintaining the pool onto the club because it knows the club has access to lottery funding.

"When I tell other coaches around the world how much money we have to raise here, they're staggered," says Fowlie.

The Australian Institute of Sport, a national training centre in Canberra, was built 27 years ago on a model Canada was using for a facility in Ottawa at Carleton University. The Ottawa facility never got built. Australia also uses a Canadian model for its coaching development program. Fowlie says an Australian athlete who's ranked in the top 10 internationally will get about the same amount of funding money that a Canadian would -- \$1,100 CDN per month.

"An athlete ranked seventh or eighth in the world, there's really not much difference," says Fowlie. "But competition and training opportunities down there are much better. Travel, coaching, equipment, that's all paid for. Here, we have athletes ranked seventh or eighth and they're still paying training fees. A Canadian swimmer used to be able to get to fourth or fifth in the world on talent alone. Now they can get to 14th or 15th in the world on talent alone."

There's also a philosophical difference between Australia and Canada. There's no such thing as an amateur athlete in Australia. They have Olympic athletes and they're valued highly.

"They consider their Olympic athletes their premier athletes," Fowlie says. "Athletes in sports like rugby or cricket, they're called entertainment athletes. Winning a gold medal there is the ultimate goal ... like winning the Stanley Cup."

Fowlie says they do a much better job of identifying talent. Multi-gold medal winning swimmer Ian Thorpe, for instance, is a product of the system.

"Australia identifies talent much more clearly than Canada does and then they run with that kid," Fowlie says. "They move them into a training institute or the kid stays with the coach that discovered him."

Besides the Australian Institute of Sport in Canberra, which can house 270 athletes at any time, there's an institute in each of Australia's eight states.

"The facilities at the AIS aren't any better than what you might find at the University of BC," Fowlie says. "But the support services for the athletes and coaches are first class. We could have 10 to 12 sport scientists monitoring training sessions. It's open 24 hours. There's no cost to use it and there's no competition for pool time [with the general public]. There a coach can work with one kid at a time all through the day."

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The Province Series: The Price of Gold: Part 5 Fifth in a six-day series examining how Canada funds and develops elite amateur athletes.

People used to joke that Canadian athletes went to the Olympics to get the team jacket not the gold medal. Work hard, break a sweat, do your best, finish 37th and everything would be OK.

Well not any more. Canadians expect, often unfairly, other Canadians to reach the medal podium.

"Canadians need to be clear on their expectations," says John Mills, president of the Calgary Olympic Development Association. "If we want to see a whole lot of sixth-place finishes, then we're right on course. But my sense is Canadians want to see the Maple Leaf and hear O Canada and there are less apologies being made for that desire. To do that [win] we have to make an investment."

In Canada there's always been a desire to be fair, to do the right thing and try to fund everyone. But that's changing. With limited resources, funding everyone is impossible, especially for a country like Canada that tries to succeed at both Summer and Winter Olympics. So now the people controlling the purse strings are attaching performance requirements to cash support and team selection.

The Canadian Olympic Committee (COC) will require 75 per cent of every Olympic team to be capable of finishing in the top 12 of its event. The COC's Excellence Fund will provide \$8.7 million to elite athletes over the next two years, with \$4.8 million going to athletes preparing for Athens. More than half of that will go to athletes and teams ranked in the top six internationally, and to six Canadian Sports Centres in Montreal, Toronto, Winnipeg, Calgary, Saskatchewan, Vancouver and Atlantic Canada. The centres give elite athletes support ranging from career counselling to massage therapy.

"Historically the Canadian way has been to give everybody a chance to do everything," says Chris Rudge, president and chief executive officer of the COC. "Not every country takes that approach. The Kenyans don't worry too much about shot put or pole vault. "The COC is criticized for not giving as much money to developing athletes but we're not a developing agency. By trying to do something for everyone we become a mile wide and an inch deep and we won't be effective anywhere."

Mills says, "When you have limited resources, that's all you can do. You can apply the resources to the athletes with the best chance of performing or you spread it around and give everyone enough to finish sixth. "That's the worst thing to do ... resource an athlete enough to finish sixth but give them the expectation to win gold."

Mills hopes talented athletes in sports like track and field or swimming, where the international field is deep, don't migrate to sports where it's easier to gain a top 12 ranking. "We have to be selective," he says. "We may not be able to afford

\$500,000 on a mediocre sport program. But if someone comes out of the pack, we have to find a way to support that individual."

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## The Province Series: The Price of Gold: Part 6

### QUEBEC PROVIDES BEST TREATMENT FOR ATHLETES

Terry Bell

If Canada wants to win more medals in the 2010 Winter Olympics, it could do worse than to copy some of the programs Quebec has implemented. Quebec's aspiring Olympians benefit from sport-study programs, refundable tax credits and a provincial budget that pumps about \$50 million annually into elite-level sport. Ottawa spends less and Ontario by comparison, a paltry \$6-7 million.

"The Quebec government takes great pride in their athletes," says Tim Page, executive director of the Canadian Amateur Diving Association, which has reaped the benefits of the success of the CAMO Diving Club in Montreal. CAMO is a well-supported, efficient organization that has produced not one, but two current world champions, Alexandre Despatie and Emilie Heymans.

"There's an element of patriotism when their stars do well. They've made a cultural investment and I don't know of another province that's done that." Quebec has had a sport-study program in its high schools for 10 years.

Through a partnership of the ministry of education, school boards and sports associations, student athletes are identified and put in classes geared to their needs. There are 25 participating schools - one of them a Montreal elementary - and 1,500 athletes from 20 to 25 sports. An athlete might attend school between 8:30 a.m. and 12:30 p.m. and then have the afternoon free to train. The whole class is composed of high-performance athletes. Tutors, room and board are provided. To remain eligible athletes must maintain a certain grade point average.

"Alexandre Despatie is a high-school grad but for all his high school that was the regimen he lived," says Jean-Pierre Tibi, the director general of the Canadian Sport Centre in Montreal. "There were no 5 a.m. training sessions. He led a more normal life."

Similar programs have been set up at a few BC schools. For example, the BC Soccer Association has started an academy this fall based at Burnaby Central Secondary. Top-level skiers congregate at West Vancouver's Sentinel Secondary. However, the initiative for those programs has come from either the

sport or the school, and each is its own unique entity rather than part of a province-wide effort.

Four years ago the province introduced a refundable tax credit for athletes. Highest-level athletes are eligible for a \$4,000 annual tax credit. That's a \$4,000 deduction from any income tax they might pay. If they have no income, they get the entire \$4,000 back as a cash payment. Quebec also supports athletes financially through a generous funding system.

"The national women's water polo team trains in Montreal," explains Tibi. "They're ranked fifth in the world so they each get \$13,000 from Sport Canada (senior athletes get \$1,100 per month), \$6,000 for being on Team Quebec, \$4,000 from the refundable tax credit and \$6,000 from the Canadian Olympic Association. "That's \$29,000. You can live on that. It's probably the first time in all of Canada that athletes don't have to survive on peanut butter sandwiches."

Little wonder that Quebec won the Canada Winter Games last year and took 50 per cent of the podium spots at the Canadian figure skating championships. Most of this support was introduced by the Parti Quebecois, which was voted out of office last February. It's not written in stone that the ruling Liberals will continue the mandate. But Tibi is hopeful nothing will change.

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DONATE at:

<https://secure.e2rm.com/registrant/startup.aspx?eventid=574&getpage=donate>

For a donation of \$25 or more a tax receipt will be sent to you immediately as your donation is processed on-line. Help us put desperately needed funds into the hands of Canadian athletes who need it now! There are only 9 days left to reach our BIG ASK goal. We need your help in crossing the finish line!

THE GOAL: \$5 million by December 4th, 2003

Just imagine what we could do if everyone played together. Please forward this email to your friends and contacts. We are one team... 31 million players strong.

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**5. Call for tournaments**

All clubs, with the exception of those in Québec and Manitoba, should send their FITA Star tournament requests to the national office NO LATER THAN JANUARY 31, 2004. Pre-payment is mandatory. Clubs in Québec and Manitoba should contact their provincial archery office. The costs remain the same: \$40 per round + \$2.80 GST = \$42.80 per round. Send requests to the FCA national office at:

#200 - 2460 rue Lancaster Road, Ottawa, ON K1B 4S5

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## **5. Les tournois homologués 2004**

Tous les clubs, sauf ceux de Québec et Manitoba, doivent envoyer leurs commandes des tournois Etoiles FITA à la FCA AVANT LE 31 JANVIER. Le paiement à l'avance est obligatoire. Clubs du Québec et Manitoba doivent contacter leur bureau de tir à l'arc provincial. Il coûte toujours 40 \$ par ronde + TPS 2,80 \$ = 42,80 \$ par ronde. Envoyez toutes les commandes au Bureau national de la FCA à:

#200 - 2460 rue Lancaster Road, Ottawa, ON K1B 4S5

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## **6. COPANARCO MICA and FCA Regional Indoor Championships**

The FCA Regional Indoor Championships will be held on March 6/7, 2004.

The MICA Event may be held any time between January 1, and March 31, 2004.

Unless your Provincial Association schedules Regional Indoor Championship and/or MICA sites, your club may now register for these events online. If your Provincial Association schedules these events, let them know if you are interested in hosting one or both of these events.

It is recommended that these events be held separately, however the two events may be held jointly as in past years.

Information and registration forms are available online at:

<http://www.e-bizinus.com/fca/Indoors/>

Follow the links to the Site Directors page to register your site.

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## **6. Dates du COPANARCO MICA et du Championnat régional de Tir en Salle**

Le Championnat régional de Tir en salle de la FCA aura lieu le 6-7 mars, 2004.

COPANARCO, le Multi-Site du Championnat de l'Amérique (MICA) aura lieu du 1<sup>e</sup> janvier au 31 mars, 2004.

À moins que votre Association Provincial dresse un plan des championnats nationaux en salle et/ou les sites du MICA, maintenant votre club peut s'inscrire électroniquement de tenir ces événements. Si votre Association Provincial planifie ces événements, contactez les responsables de les informer que votre club est intéressé de tenir un ou les deux tournois.

On peut recommander aux clubs de tenir les deux événements séparément, mais on peut les tenir ensembles comme dans les autres années.

Toutes les informations ainsi que les formulaires d'inscription des deux événements sont disponibles sur le site web de la FCA à:

<http://www.e-bizinus.com/fca/Indoors/>

Suivez les liens à la page des directeurs des sites pour s'inscrire votre club.

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## **7. CCES (uniquement en anglais)**

Marijuana Prohibited in the Canadian Domestic Doping Control Program

The Canadian Centre for Ethics in Sport (CCES) would like to highlight to the Canadian sport community, especially athletes, that the new provisions of the 2004 World Anti-Doping Agency (WADA) Prohibited List will require the CCES to test for the use of Cannabinoids (e.g., marijuana, hashish, cannabis) within Canada's domestic doping control program effective January 1, 2004.

Athletes should be advised that Cannabinoids will be screened during in competition doping control. Adverse analytical findings will be reported when the concentration of the major urinary metabolite, 11-nor-9-carboxy-delta-9-

tetrahydrocannabinol, is found within an athlete's urine sample to exceed 15 ng/ml. While Cannabinoids are only tested during in competition doping control, the active substances, e.g., (delta-9-Tetrahydrocannabinol), are retained in fatty tissues within various organs of the body;

**therefore, depending on the strength of the substance taken, the route of administration and the frequency of use, the metabolite may be detected in an athlete's urine sample for several weeks when used heavily and frequently, and for ten or more days after a single exposure.<sup>1</sup>**

The CCES has received numerous inquiries surrounding the following two issues: 1) the rationale for the inclusion of Cannabinoids on the 2004 WADA Prohibited List, and 2) the impact of this revision on the Canadian domestic doping control program. In response to the first concern, the decision by WADA to include Cannabinoids on the 2004 Prohibited List was not made lightly. WADA developed an expert committee to review the 2003 Prohibited List of Substances and to recommend revisions for the 2004 Prohibited List of Substances. This expert committee consulted globally with international sport federations, national anti-doping organizations, the international Olympic committee, national Olympic committees, and governments. Based on this extensive consultation process, WADA made the decision to include Cannabinoids on the 2004 Prohibited List.

With respect to the impact this decision has on the Canadian domestic doping control program, the CCES is required to adopt the 2004 WADA Prohibited List (including the testing of Cannabinoids) in order for Canada's doping control program to be compliant with the World Anti-Doping Code and mandatory International Standards. Furthermore, the International Olympic Committee will require all national Olympic committees including the Canadian Olympic Committee to adopt the List. All recognized international sport federations will require their national affiliates including Canadian sport governing bodies to adopt the List. Moreover, the Government of Canada supports the new Code and new List and will require the CCES and other domestic sport organizations to adopt the List as a condition of federal funding.

As such, as of January 1, 2004, the CCES will be screening for Cannabinoids as part of the Canadian domestic doping control program. A subsequent Advisory Note is forth-coming setting out the procedures that will apply to an adverse analytical result for Cannabinoids and the range of consequences for athletes.

Should further information or clarification be required, please contact the Canadian Centre for Ethics in Sport at:

Canadian Centre for Ethics in Sport

202-2197 Riverside Drive, Ottawa, Ontario K1H 7X3

Tel. (613) 521-3340 / Tel. (800) 672-7775 / Fax (613) 521-3134

www.cces.ca November 2003 (Aussi disponible en français)

1 International Olympic Committee (IOC) accredited Laboratory, Montreal, Canada.

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## **In Closing**

The FCA national office will be open December 1<sup>st</sup> to 5<sup>th</sup> from 07:00 to 15:00 ET.

Vancouver shooter school with Bernie & Jan Pellerite

Date: March 12-14, 2004 Kyanne Archery venue to be announced

Contact person: Shelley Phone 604-465-3651 Fax: 604-465-8925

Email: kyanne@infoserve.net

- Class size limited; commit early Cost per student is \$300 U.S.
- If someone has already purchased the Shooter's School Series (all 6 at retail) they get a \$50 discount off the school. (Will only have to pay \$250.)
- For those who want to monitor the course but not be videoed or critiqued, or can only attend one day, the fee will be \$200.
- Each student will receive a 15-minute videotape of themselves before the school and the "hands-on" coaching during the school. Also, they will receive note-taking supplies, magazine articles, patch, and certificate. Students need only bring their shooting equipment.
- Students can purchase the set of Shooter's School videos (all 6) for a \$50 discount at the school.
- Students that would like to go through the school a second time may do so for half price (\$150).

TYPICAL SCHEDULE (times are approximate)

Friday: 3:00 pm to 6:00 pm - filming 6:00 pm to 9:00 pm - seminar

Saturday: 8:00 am to noon - seminar noon to 1:00 pm - lunch

1:00 pm to 5:30 - analysis of some\* of the students

Sunday: 8:00 am to noon - analysis of remaining students

noon to 1:00 pm - lunch 1:00 pm to 5:00 pm - seminar

5:00 pm to 6:00 pm - Certified Instructor program (if applicable)

See you next time!

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**Enfin**

Le bureau national de la FCA sera ouvert du 1e au 5 décembre de 07h00 à 15h00 HdL.

A la prochaine!

Kathleen Millar  
FCA Executive Director/Directrice Executive de la FCA  
2460 Lancaster Road, Suite 200,  
Ottawa, ON K1B 4S5  
Tel: (613) 260-2113 Fax/telecopier: (613) 260-2114  
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