

September 1986

Due to the cost of printing and mailing The B.C. Archer magazine, a motion was passed at the A.G.M. to change the format to a newsletter. It was decided this may be a better way of transmitting information to the membership. I will be printing this letter once a month. The only way that this will be effective is if I receive the material from you, the membership. Please get your shooting dates, club news, etc. to me before the 1st of each month. Keep your news as brief as possible as we cannot print as many pages. Thanks.

John Tinker  
Editor  
The B.C. Archer  
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Results from the Pacific Northwest Archery Championships, 1986  
July 12 - 13, 1986

	<u>70 m</u>	<u>60 m</u>	<u>50 m</u>	<u>40 m</u>	<u>Total</u>	<u>Agg.</u>
<u>Men's Professional Unlimited</u>						
Cec Meehan	273	288 *	282	292	1135	
	270	273	289		832	1967
John Murray	261	277	291	293	1122	
	272	281	283		836	1958
Bill Brereton	260	273	281	295	1109	
	273	280	282		835	1944
Ron Boorman	267	271	273	290	1101	
	260	278	289		827	1928
Renny Mason	264	280	285	289	1118	
	249	273	282		804	1922
Conrad Lafreneir	248	254	264	285	1051	
	274	272	282		828	1879
Dan West	248	262	278	289	1077	
	256	260	270		786	1863
<u>Men's Unlimited</u>						
Ron Ostermeier	267	272	282	284	1105	
	264	266	283		813	1918
Jim Kilmer	267	274	268	277	1086	
	251	275	276		802	1888
Bill Boorman	266	264	273	284	1087	
	257	258	282		797	1884
Dave Watson	254	262	253	282	1051	
	255	261	275		791	1842
Larry Lemke	234	248	262	280	1024	
	251	245	269		765	1789
Richard Bell	229	249	261	277	1016	
	255	248	257		760	1776
Richard Phillip	231	237	253	272	993	
	222	234	264		720	1713
Warren Dick	199	157	236	251	843	
	211	221	227		659	1502
<u>Men's Freestyle Limited</u>						
Jim McMurchie	261	261	273	285	1080	
	255	259	275		789	1869
Reiner Schenk	225	231	257	260	973	
	229	239	259		727	1700
John Doriski, Jr.	209	215	217	250	891	
	180	223	224		627	1518
<u>Men's Heavy Tackle Freestyle Limited</u>						
Brad Smith	229 *	234 *	263 *	264	990 *	
	249 *	251 *	266 *		766 *	1756 *
Gord McSavaney	197	215	252	268 *	932	
	216	227	242		685	1617
Percy Lawson	157	201	199	226	783	
	143	156	218		517	1300
<u>Men's Heavy Tackle Barebow</u>						
Steve Southin	105 *	166 *	130 *		351 *	351 *
<u>Youth Boys Freestyle Limited</u>						
James Gill	120	161	183	221	685	685
<u>Ladies Professional Unlimited</u>	<u>60 m</u>	<u>50 m</u>	<u>40 m</u>	<u>30 m</u>	<u>Total</u>	<u>Agg.</u>
Diane Brereton	257	281	288	297	1123	
	260	285 *	287		832	1955
Carol Murray	264	272	287	294	1117	
	261	276	284		821	1938
Sheila Boorman	267	271	288	290	1116	
	237	264	276		777	1893
<u>Ladies Professional B/H Unltd. F/S</u>						
Nancy West	237	252	250	282	1021	
	223	262	257		752	1773

<u>Ladies Unlimited</u>						
Mary Ostermeier	259	282 *	284	288	1113 *	
	270	272	288 *		830 *	1943*
Susan McDonald	260	273	282	297	1112	
	263	278 *	287		828	1940
Stephanie Smith	258	272	268	288	1086	
	269	275	283		827	1913
Val Canham	262 *	258	286 *	284	1090	
	257	276	287		820	1910
Muriel Marrs	242	269	270	296	1077	
	273 *	271	282		826	1903
April McSavaney	252	263	284	296	1095	
	251	268	287		806	1901
Sharon Kilmer	253	265	273	288	1079	
	245	266	281		792	1871
Marietta Smith	221	250	266	290	1027	
	245	265	274		784	1811
Fran Kusch	147	201	251	265	864	
	178	233	261		672	1536
<u>Ladies Freestyle Limited</u>						
Tanna Allan	258	243	266	283	1050	
	237	265	276		778	1828
Lillian Jarvis	241	249	266	285	1041	
	202	240	265		707	1748
Teko Phillips	188	231	240	271	930	
	194	225	241		660	1590
Christine Jordan	189	167	237	260	853	
	191	208	208		607	1460
Susan Yule	153	222	212	245	832	
	163	196	233		592	1424
Shelly Dick	62	170	196	248	676	
	94	134	194		422	1098
Nancy Lawson	73	123	148		344	344
Maggie Kerr	54	74	142		270	270
<u>Youth Girls Barebow</u>						
Charmian McSavaney	44	63	158	208	476 *	
	89	161	189		439 *	915*
<u>Cub Girls Freestyle Limited</u>						
Pauline Lawson	20	68	162	254	504	
	10	75	175		260	764
<u>Cub Girls Barebow</u>						
Dawn McSavaney	56	89	211	208	624	
	51	142	204		397	1021
<u>Cub Boys Freestyle Limited</u>						
Craig Lawson	7	59	87	197	350	
	30	65	119		214	564

NOTE: Records are asteriked

Professional Team - Husband and Wife: Bill and Diane Brereton - 3899  
Amateur Team - Husband and Wife: Ron and Mary Ostermeier - 3861

Professional Team: Pro Am Archers (Canada)  
Cec Meehan, Ron Boorman, Conrad Lafreneir, Sheila Boorman - 2170  
Amateur Team:  
Burnaby Archers #1 (Canada)  
Brad Smith, Marietta Smith, Ron Ostermeier, Mary Ostermeier - 2063

I would like to thank all the persons that helped me to put this tournament on. I am pleased that it went over so good and that all were happy with the results.

Next year, it has been slated for Oregon or, as back up, Washington. Let's get the dates right this year, so as there is no conflict of tournaments.

Once again, THANKS all you helpers.

Yours in archery,  
Ron Boorman (Chairman)

B.C. 900 Dogwood Pin

<u>Categories:</u>	<u>Green</u>	900 to 851
	<u>Gold</u>	850 to 751
	<u>Red</u>	750 to 701
	<u>Blue</u>	700 to 651
	<u>Black</u>	650 to 551
	<u>White</u>	550 to 400

Eligibility Criteria: Open to all participants in or out of the province.  
Must supply witnessed score card, plus current cost of pin.  
At present, open to all types of equipment.

Price: Subject to change at time or reorder.  
Current price - \$3.00

## THE COACH'S CLINIC



Hank Wiseman  
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V9Y 7S7

When a person takes up archery, we welcome him with open arms. Then, we teach him the basics. We help him select and buy suitable equipment. We usually help him tune his bow. We persuade him to go to, and shoot in, some tournaments. We explain the different rounds and games to be played and we mention hunting. That will usually get him to the stage of shooting about 60% or 70% of a perfect score. That may take anywhere from a month to a year, depending on his instructor and the time devoted to practice. That person is called a beginner.

When an archer starts shooting scores above 80% of possible, he is considered fairly expert. He then has most of the knowledge that he needs. He then seeks a coach to help him refine his form and to guide his training. A good coach will know pretty well what is needed to raise his score to championship level.

But what is to be done for the improver, who is better than a beginner and not yet an expert? What can we do to improve his score? To answer that, I base my opinion on years of experience as a foreman or superintendent in engineering machine shops. There, I noted that the men and, especially, the apprentices, who learned to do several or many jobs, could usually do any one job better than a person, who learned only one branch of the work. If it did not improve their intelligence quota, it did at least give them more ideas to juggle when doing a job or solving a problem, even though the knowledge acquired did not bear directly on the job. On that basis, I believe an archer should learn as much as possible about all phases of archery.

Toward that idea, of course, the use of and adjustment of a clicker is a must. Taking care of his own equipment is an obvious necessity. S/he should learn to straighten an arrow, even though s/he may have an expert do it for the rest of his life. S/he should make a string or two and use them to tune his bow, after s/he has been taught the various methods of tuning. The relative merits of straight versus angled or spiral fletching should be taught to him. The matching of a set of arrows should constitute a lesson.

All of the above will contribute to teaching the archer a habit of doing things with extreme accuracy, an ability or habit that I find comparatively rare among average people. But it is a characteristic necessary to making consistent high scores. The best way to acquire this ability as a habit is to be born that way or to do a lot of work or practice that requires extreme care.

A final thing that we must teach the improver is concentration. It will help him with any and all of the aforementioned skills. Concentration, from my point of view, is definitely not pin point attention to the X in the middle of the gold. What I require of my archer is close attention to what he is trying to do. That means closely following his thought train, step by step, while ignoring all other activities about him, though aware of them. Of course, a lot of actual shooting is necessary. I find the following idea helps some archers. At one corner or edge of a TV, set up an interesting small object or picture. Now, during commercials, from your comfortable seat, study that object. Do not just stare at it. Inspect it, analyze it, commit its details to memory. Just do not allow your eyes to wander off to watch any part of the commercials. The ads usually run for five minutes. That is quite long enough for each practice spasm. Repeat at each commercial break.

I do things differently in many things that I do. Driving a car, running a sewing machine, building a boat. It has earned me promotion and/or more pay on most every job. So I do not mind having a different point of view re: concentration. It is okay for you to think I am a nut. I suspect some poor shooting and, possibly, some cases (if not all) of target shyness are due to concentration on the centre of the centre of the gold, to the exclusion of all else. I believe the mind is not paying proper attention to what is being done, so the muscles and fingers do the job without intelligent control.

My idea of concentration is paying strict attention to all parts of the job in hand, that includes launching an arrow. When a pupil of mine is shooting and scoring less than I think he should, I do something about it. I step close to him and direct every step of the preparation of the shot from foot placement to follow through and relaxing. Almost invariably, he does much better. I point out that when I do his thinking for him, he does well. This has happened so often that it has become a standing joke in my club that an archer does well if I do his thinking for him. Concentrating eye contact on the gold is not good, paying strong attention to all parts of the preparation of the shot is.

Here is another example, with me being the dummy. I take a notion to shoot only about half a dozen times a year, just to see if I can still shoot. Toward the end of the indoor season, I got the urge, strung up my bow and shot three arrows, scattered round the outer edge of the red. That should have improved as I warmed up. It didn't. So it became a case of "Wiseman, pull up your socks." By increasing attention and care to details, my ends improved to about 9, 8, and 7. Not good enough. Further care started making more golds, but still some 8s. So that I got right down to basics. I did everything as I would tell my pupils to do. Lo and behold, 9, 9, 9, in a horizontal line, all touching and just below the ten ring. That's better and can I do it again? I shot three more in the same three holes. A fluke? Try again. Two more 9s in almost the same spot, plus a ten. Yes, I can shoot, so I don't need to repeat. Actually, I am lazy.

What I am trying to get across to you is that attention to the detail of each step is a must and that the INTENSITY of attention is a controlling factor. I thought I was paying attention to my first shots, but as I became more exasperated, I increased the intensity of my concentration on what I was doing. Finally, I did not concentrate only on the gold, but on aligning the sight on the gold. Afterward, one archer remarked that when I concentrate, nothing will distract me. I will not allow it. I am well aware of things and events around me, but they are excluded, while I take my shot.

Let us not forget exercises. A considerable amount of practice walking is needed to ward off tiring of the legs in either a target or a field round. Also, if the archer is going to end the round feeling as fresh as when he started, a necessity if he is to shoot as well at the end as when he started, he must practise shooting more arrows per day, than will be shot in a day at the tournament. If he is going in a F.I.T.A., he had better shoot about 200 arrows per day to be really fit. On that point, I warn against shooting every day. Four days per week will teach more than seven. That is a basic principle of teaching or learning anything. Also, the muscles need time to completely recover and to rebuild stronger than they were previously. The mind needs time to absorb and file what it has learned and to avoid becoming stale.

Consider the last word of the above paragraph. Staleness and/or boredom can defeat any aspiring champion. So on the three days away from archery, do something else for entertainment. That will refresh your mind, rest your muscles, and return you to archery in an anticipatory and pleasurable state of mind.

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A survey by the F.C.A. and previous, less in-depth, questionnaires by Editors of the B.C. Archer and the Canadian Archer indicate that the Coach's Clinic and similar articles written by other authors are among the more popular items in the magazines. That is very gratifying to us who write. But the survey tells us that some archers would like us to write on subjects of interest to them, but which we have never touched on. Over a long time, I have accumulated a list of items that I might write about. I have, in fact, written some such articles, but never sent them in to the Editor. Whenever I write, I have to decide whether the item is of general interest or of interest to even a small group. If I decide against its use, it goes into my notes or into the round file. That is too bad because it may have been just what some archer wants. That, in turn, produces a suggestion; if you have a problem or need information, write to the Editor, to me, or to any author whom you think might know the answer. Any of us would be delighted to help you and you would be contributing to this magazine and helping yourself and others at the same time.

#### 1986 CALENDAR OF EVENTS

<u>OCTOBER</u>	18 - 19	Spruce Capital 900 Rounds (indoor)	Prince George
<u>DECEMBER</u>	7	Freeman - Turkey Shoot (Burke Mountain)	Port Coquitlam
	14	Novelty Turkey Shoot	Maple Ridge

#### 1987 CALENDAR OF EVENTS

<u>JANUARY</u>	1	First Annual Pancake and Bowbird Shoot	Burnaby
	1	First Footing Shoot	Maple Ridge
<u>FEBRUARY</u>	1- 7	J.O.P. Regional Shoot (shot at each club)	
<u>MARCH</u>	15	J.O.P. Indoor Championships	
<u>JUNE</u>	27 - 28	J.O.P. Outdoor Championships	Maple Ridge

#### B.C. Summer Games Results July 10 - 12, 1986 Cranbrook

I was lucky enough to be a participant at these games. A new round or a new way to determine the winners was introduced. Because most didn't know about it and I guess it was new, a change, we had some objections.

To some, the games are for participation, well they are. But, they are also the training grounds for our up and coming Olympic archers. To me, this is very important. Other sports have eliminations before the medal rounds. So, the first two days of shooting will be to get to the medal round. This is what is happening now internationally.

I feel with the medal round in the games, it will be very important that each zone have their best coaches present. The games are also for coaches to participate in and good coaching will be an asset for those archers who make it to the medal round.

After seeing this round in person, I hope it is here to stay. It will help us to get the spectators, press, and TV coverage there. After seeing it, I know that this round will make our sport a little more exciting and, boy, do we need it.

Cliff Allan

**B.C. Summer Games Results**  
**July 10 - 12, 1986** Cranbrook

Participant	Cat.	Zone	Day 1	Day 2	Total	Day 3-Elim.Rd.			
Hoglund, Eric	M Unl	1 Kimber	844	849	1693	146	117	86	G
Brown, Dave	M Unl	8 Pr Geo	842	855	1697	147	114	79	S
Kitagawa, Ken	M Unl	5 Vancou	829	838	1667	145	1111		B
Breckenridge, Jim	M Unl	4 New We	820	817	1637	139			
Christiansen, Rae	M Unl	2 Kamloo	824	809	1633				
Lee, Alex	M Unl	3 Coquit	814	819	1633				
Pixley, David	M Unl	4 Richmo	802	820	1622				
Voigt, Tom	M Unl	2 Kamloo	812	801	1613				
Allan, Cliff	M Unl	6 Victor	797	791	1588				
Oakley, Jack	M Unl	8 Cec Lk	790	778	1568				
Carlton, Wayne	M Unl	7 Terrac	760	787	1547				
Kopecki, Vladimir	M Unl	1 Kimber	834	587	1421				
Oakley, Doreen	L Unl	8 Cec Lk	807	815	1622	146	107	76	G
Williamson, Lynne	L Unl	7 Smithe	786	772	1558	139	109	70	S
Voigt, Isabell	L Unl	2 Kamloo	781	771	1552	139	99		B
King, Luella	L Unl	8 Quesne	676	693	1369	135			
Morecroft, Barb	L Unl	6 Nanain			1367				
Springer, Ron	JM Un	4 Burnab	783	794	1577	141	116	80	G
Hallisey, James	JM Un	2 Kelown	749	792	1541	145	103	77	S
Williamson, Cy	JM Un	7 Smithe	744	757	1501	132	101		B
Springer, Shannon	JL Un	4 Burnab	583	571	1154				G
Jorgenson, Jorgen	M Fs	7 Kitima	801	782	1583	141	99	78	G
Mossrop, David	M Fs	5 Vancou	774	755	1529	142	106	70	S
White, Bill	M Fs	6 Victor	780	743	1523	136	98		B
Trudeau, Ed	M Fs	7 Kitima	779	767	1546	132			
Cannell, Rick	M Fs	5 B Isla	739	744	1483				
Stoner, Roy	M Fs	3 Chilli	725	749	1474				
Soar, Doug	M Fs	2 Pentic	713	729	1442				
Campbell, Harold	M Fs	8 Pr Geo	717	718	1435				
Karey, Michael	M Fs	8 Quesne	706	665	1371				
Zettergreen, Brian	M Fs	1 Kimber	678	665	1343				
Larson, Ivor	M Fs	1 Can Fl	567	555	1122				
Soar, Ruth	L Fs	6 Pt Alb	715	705	1420	132	107	80	G
Campbell, Heather	L Fs	8 Pr Geo	704	718	1422	133	96	67	S
Buttnor, Trena	L Fs	1 Rossla	611	560	1171	124	89		B
Pink, Brenda	L Fs	2 Kamloo	659	623	1282	120			
Oakley, Derek	JM Fs	6 Victor	767	773	1540	139	103	77	G
Tsuida, Corey	JM Fs	7 Kitima	666	674	1340	132	97	60	S
Green, Davin	JM Fs	1 Rossla	606	598	1204	116	79		B
Hoffos, Darren	JM Fs	7 Kitima	676	679	1355	1112			
Doig, Reive	JM Fs	3 M Ridg	558	494	1052				
Abbey, Rachel	JL Fs	1 Rossla	640	594	1234	125	91	52	G
Ollson, Tammy	JL Fs	6 Victor	580	467	1047	88	88	20	S
Veitch, Jadine	JL Fs	3 M Ridg	436	529	965	117	75		B
McDowell, Ted	M Bb	2 Vernon	733	704	1437	124	98	67	G
Mackenzie, Ed	M Bb	7 Smithe	717	682	1399	126	92	58	S
Clark, Leonard	M Bb	1 Inverm	647	690	1337	119	82		B
Nishi, Chris	M Bb	4 Richmo	673	645	1318	110			
Crabe, Art	M Bb	3 Chilli	629	626	1255				
Clark, John	M Bb	6 Victor	597	553	1150				
King, Don	M Bb	8 Quesne	534	446	980				
Dunn, Fern	L Bb	6 Sooke	621	549	1170	110	79	55	G
Hobensfield, Shirley	L Bb	7 Kitwan	611	584	1195	111	77	41	S
Mader, Jackie	L Bb	3 Chilli	392	439	831	102	62		B
Poster, Wayne	JM Bb	6 Victor	603	644	1247	106	90	64	G
Grant, Noah	JM Bb	5 Vancou	655	662	1317	106	81	60	S
Elliott, Dwayne	JM Bb	1 Inverm	570	561	1131	118	79		B
Pfenniger, Rudi	JM Bb	3 M Ridg	465	497	962	105			
Ziegler, James	JM Bb	7 Smithe	526	400	926				
Wright, Laurena	JL Bb	6 Victor	289	353	642				G
Barnes, Wade	CB Fs	6 Victor	825	819	1644	145	115	80	G
Unger, Scott	CB Fs	3 Sardis	810	799	1609	140	112	74	S
Bedford, Jason	CB Fs	3 M Ridg	777	743	1520	141	103		B
Khan, Stan	CB Fs	7 Kitima	774	747	1521	136			
Glowa, Kevin	CB Fs	2 Vernon	739	759	1498				
Bilbrough, Lenard	CB Fs	8 Pr Geo	665	679	1344				
Hikichi, Lori	CB Fs	2 Summer	570	647	1217				
Mullins, Glen	CB Fs	4 Richmo	601	611	1212				
Larson, Crystal	CG Fs	1 Can Fl	609	654	1263	130	98	72	G
Doig, Katherine	CG Fs	3 M Ridg	648	632	1280	121	85	50	S
Kennedy, Megan	CG Fs	2 Pentic	443	533	976	129	80		B
Hunter, Jennifer	CG Fs	2 Pentic	326	420	746	102			
Vine, Max	CB Bb	6 Victor	787	673	1460	141	87	68	G
Yamada, Roy	CB Bb	4 Richmo	637	513	1150	128	94	64	S
Bennett, Vince	CB Bb	3 Yarrow	606	592	1198	117	68		B
Gabriel, Richard	CB Bb	5 Vancou	564	572	1136	113			
Deanne, Ian	CB Bb	1 Rossla	543	547	1090				
Kearns, Stephen	CB Bb	3 M Ridg	491	599	1090				
Beaver, Grant	CB Bb	2 Kamloo	474	492	966				
Mackenzie, Kirstin	CG Bb	7 Smithe	387	375	762				

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We shot two full Canadian 900 rounds on the first 2 days to select the candidates for the B.C. Summer Games Elimination Round. The concept was based on the Grand F.I.T.A. round and we felt it was a rousing success. There was, of course, the disappointment of only shooting 2 days for the archers who were eliminated, but I have never before seen such excitement generated on the last day of a tournament.

On the third day, the top 4 archers in each category shot off to determine the ultimate winner of the tournament. The shot 3 practice arrows, plus 5 ends of 3 at 35 metres. This eliminated the lowest scorer. The 3 remaining archers shot 4 ends of 3 at 45 metres to establish the bronze medal winner. The 2 remaining archers shot 3 ends of 3 at 35 metres to establish the silver and gold medal winners. The cadets shot their appropriate distances. Ties would have been broken by shooting off 3 arrows at a time.

Our main concern in the Summer Games has been the time problem on Sundays. We must finish the awards by 12:00 noon. We were able to complete the Elimination Round by 10:30, the scoring and result sheets by 11:30, and the actual medal presentation by 12:00.

For the first time, the spectator participation was much more apparent and especially keen. I'm not sure who was more excited, the archers on the line or the supporting people spotting the arrows.

James Wiebe

1986 B.C. Outdoor Championships  
Smithers, B.C.  
August 30 - 31, 1986

	<u>Field</u>	<u>70 m</u>	<u>60 m</u>	<u>50 m</u>	<u>40 m</u>	<u>1200</u>	<u>Total</u>
<u>Men's Freestyle</u>							
MacDonald, John	495*	271	268	285	287	1111**	1606
Peacock, Murray	452					1056	1508
Trudeau, Ed	437	240	256	263	274	1033	1470
Daniels, Bryan	420					988	1408
Tinker, John	429					970	1399
Karey, Dan	414	205	226	259	275	965	1379
Stover, Roy	421	191	236	233	261	921	1342
Karey, Michael	362	187	234	224	253	898	1260
Roberts, Dave	285	139	205	222	246	812	1097
<u>Men's Barebow</u>							
McDowell, Ted	345	181	195	220	255	851	1196
King, Don	125	95	85	117	163	460	585
Gillespie, Don	125	43	87	53	146	329	454
<u>Men's Unlimited</u>							
Woo, Andy	494*	271	275	285	288	1119	1613
Duguay, Guy	480	235	266	277	284	1062	1542
Carlton, Wayne	450	235	268	277	267	1047	1497
Shannon, Mike	424	225	228	248	270	971	1395
Schlueter, Walter		211	259	270	271	1011	1011
Lee, Larry	389						389
Williamson, K.	371						371
<u>Men's Bowhunter Freestyle</u>							
Maurer, Gerry	322	188	209	249	264	910	1232
Ridley, Del	279	171	202	219	236	828	1107
<u>Men's Bowhunter Barebow</u>							
Westle, Frank	158*	31	98	142	161	432*	590
<u>Professionals</u>							
Meehan, Cec	490	267	284	289	289	1129	1619
Wills, Al	463	258	272	279	281	1090	1553
Boorman, Sheila	451	227	250	260	277	1014	1465
	<u>Field</u>	<u>60 m</u>	<u>50 m</u>	<u>40 m</u>	<u>30 m</u>	<u>1200</u>	<u>Total</u>
<u>Ladies Freestyle</u>							
Allan, Tanna	425*	252	264	282	285	1083	1508
Jarvis, Lillian	353	216	239	253	276	984	1337
<u>Ladies Barebow</u>							
Maurer, Judy	226*	174	167	219	239	799	1025
<u>Ladies Unlimited</u>							
Marre, Muriel	435*	256	265	276	284	1081	1516
Williamson, Lynn	434	245	265	278	293	1081	1515
King, Luella	420	233	264	274	287	1058	1478
Carlton, Wanda	275	190	178	224	249	841	1116
<u>Junior Boys Barebow</u>							
Visenten, Lance	100*	54	98	144	191	487	587
<u>Cadet Boys Unlimited</u>							
Williamson, C.	380*	249	251	273	275	1048*	1428
Shannon, Jamie	171	125	114	144	193	576	747
<u>Cadet Cub Freestyle</u>							
Cullis, Gary	115					533	648

\* B.C. Outdoor Championships New Record

\*\* B.C. Outdoor Championships Tie Record

J.O.P. Outdoor Championships, 1986  
Penticton, B.C.

	Name	Club	35 m	25 m	15 m	Total
<u>Robins</u>						
<u>Boys Freestyle</u>	Fred Loiselle	Vic. Bowmen	180*	265*	275*	720*
	Dylan Thomas	Vic. Bowmen	50	149	237	436
<u>Boys Barebow</u>	Shane Peterson	Thunderbird	113	200	224	537
	Micah Clark	Vic. Bowmen	118	186	214	518
	Paul Sikora	M.R.A.C.	77	168	236	481
	Jody Unger	Thunderbird	92	143	196	431
	Craig Lawson	Burke Mt.	16	60	165	241
<u>Boys Unlimited</u>	Gordy Breckenridge	Un. Archers	232*	257*	283*	772*
	Tim Rittaler	Richmond	212	232	263	707
	Chris Chapman	Burke Mt.	133	194	213	540
<u>Girls Freestyle</u>	Tracy Klat	Vic. Bowmen	59*	115*	88*	262*
<u>Girls Barebow</u>	Nicole Gill	M.R.A.C.	119*	183*	198	500*
	Jenny Dalziel	M.R.A.C.	34	125	236*	395
	Pauline Lawson	Burke Mt.	36	97	203	336
<u>Cadets</u>						
<u>Boys Freestyle</u>	Wade Barnes	Vic. Bowmen	256	277*	273	806*
	Darren Bolan	M.R.A.C.	245	273	274	792
	Scott Unger	Thunderbird	254	259	269	782
	Kevin Glowa	Vernon	222	255	276	753
	Jason Bedford	M.R.A.C.	234	232	260	732
	James Gill	M.R.A.C.	226	242	261	729
	Don Ganzeveld	Pen High	205	273	268	696
	Lori Hikichi	Pen High	197	217	263	677
	Brent Veitch	M.R.A.C.	200	201	250	651
	Aaron Farquhar	Vic. Bowmen	201	198	223	622
	Darren McKinty	Vic. Bowmen	144	209	239	592
	Travis Buizer	M.R.A.C.	122	212	242	576
	Jody Gaston	M.R.A.C.	127	188	240	555
	Ryan Mellors	M.R.A.C.	76	120	213	409
<u>Boys Barebow</u>	Max Vine	Vic. Bowmen	218*	247*	278*	743*
	Roy Yamada	Richmond	191	225	255	671
	Vincent Bennett	Thunderbird	201	200	229	630
	Mike Vine	Vic. Bowmen	115	183	195	493
	Grant Beaver	Kamloops	139	154	186	479
	Stephen Kearns	M.R.A.C.	114	138	215	467
	Tyler Friesen	M.R.A.C.	93	138	218	451
	Ben Rigby	Vic. Bowmen	74	147	193	415
	John Dawson	M.R.A.C.	77	108	185	370
	Marc Long	Thunderbird	62	80	160	302
	Bradley Thacker	M.R.A.C.	24	63	125	212
<u>Boys Unlimited</u>	Ben Clark	Vic. Bowmen	197*	232*	224	653*
	Paul Cramer	Thunderbird	161	216	243	620
<u>Girls Freestyle</u>	Katherine Doig	M.R.A.C.	180	218	234	632
	Megan Kennedy	Pen High	158	222	211	591
	Jennifer Hunte	Pen High	101	144	124	369
<u>Juniors</u>						
<u>Boys Freestyle</u>	Derek Oakley	Vic. Bowmen	232	266	287*	785
	Kim Hikichi	Pen High	241	244	268	753
	Reive Doig	M.R.A.C.	133	163	205	501
	Bob Adams	M.R.A.C.	84	80	93	257
<u>Boys Barebow</u>	Wayne Foster	Vic. Bowmen	196	217	212	625
	Mike Kearns	M.R.A.C.	161	190	219	570
	Rudi Pfenniger	M.R.A.C.	159	198	212	569
	Richard Drover	Vic. Bowmen	140	148	158	446
<u>Girls Freestyle</u>	Tammy Ollson	Vic. Bowmen	149	180	220	549
<u>Girls Barebow</u>	Laurena Wright	Vic. Bowmen	57*	57*	179*	293*
<u>Intermediates</u>						
<u>Men's Freestyle</u>	John McDonald	Vic. Bowmen	277*	281*	291*	849*

Teams  
Robins

Victoria Bowmen	Fred Loiselle	720	
	Micah Clark	518	
	Dylan Thomas	436	
	Tracy Klat	262	1936
Maple Ridge Archery Club	Paul Sikora	481	
	Jenny Dalziel	395	
	Nicole Gill	500	1376
Thunderbird Archers	Jody Unger	431	
	Shane Peterson	537	968

Cadets

Maple Ridge Archery Club	Darren Bolan	792	
	Jason Bedford	732	
	James Gill	729	
	Jody Gaston	558	2808
Victoria Bowmen	Wade Barnes	806	
	Max Vine	743	
	Aaron Farquhar	622	
	Darren McKinty	592	2763
Thunderbird Archers	Scott Unger	782	
	Vincent Bennett	630	
	Paul Cramer	620	
	Marc Long	302	2334

	Pen High Archers		Don Ganzeveld	696	
		8	Lori Hikichi	677	
			Jennifer Hunter	369	
<u>Juniors</u>	Victoria Bowmen		Megan Kennedy	591	2333
			Derek Oakley	785	
			Wayne Foster	625	
			Richard Drover	446	
	Maple Ridge Archery Club		Tammy Olsson	549	2405*
			Mike Kearns	570	
			Bob Adams	257	
			Rudi Pfenniger	569	
			Reive Doig	501	1897

To start, I would like to thank Doug Soar, all his helpers, and the Penticton Secondary School for the excellent shoot. It was first class and went like clock work.

A great job done by the T.C.s: Jim Wiebe, Andy Woo, and Bruce Ryan. Thanks, you were super.

The weather was excellent; it did get a little windy after lunch, but not much.

A big thanks for all those parents who drove all those kids, all 55, to make it one of the largest outdoors. An excellent turnout from the Lower Mainland and Island.

Maple Ridge	19	Richmond	2
Victoria Bowmen	17	Unlimited Archers	1
Thunderbird	6	Kamloops	1
Pen High	5	Vernon	1
Burke Mt.	3		

Where were the rest of you?

I had a chance to talk to some parents and kids there. That was one of my reasons for having the shoot in Penticton. I was hoping to have over 70 kids; well there's next year. I have started the record book again; we broke lots of the last year's records.

Next year, the J.O.P. Outdoor could be a two day shoot and could have the junior and intermediates shooting a Canadian 1200. It will be in the Lower Mainland and the dates will be June 27-28, 1987.

At the J.O.P. Outdoor, John McDonald was presented his outdoor Olympian 1250. John shot a score of 1295, on June 1. The Olympian 1250 is the first ever in J.O.P. Congratulations.

On June 21 and 22 at Maple Ridge, John set new Canadian F.I.T.A. records.

Cliff Allan

#### The 1986 J.O.P. Outdoors

Venue: Penticton Secondary School.

This year, Pen-High Archers hosted the J.O.P. Outdoors shoot, once again ordering the right kind of weather. This was despite the fact that the visitors would not believe the prophesied predictions!

On Saturday morning, a few early visitors inspected the target field as it was marked out and measured with Olympian precision. Then during the early afternoon, a convoy of assorted vehicles trundled three miles out of town to the Penticton Shooting Sports grounds. There, the first session of a training clinic was held for both J.O.P.s and parents. The forty or fifty people were split into four small groups and taken on a conducted tour by experienced archers around the all but finished field course being built by Pen High Archers. Many of the "tourists" had never seen a field course before, so there were many questions to be answered and a great deal of information was given to the groups.

A great deal of interest was shown in the tour and it is hoped that in the not too distant future that the first official field shoot will be held.

At 6:30 p.m. on Saturday evening, fifty or sixty people collected in the gymnasium to listen to a talk and demonstration on strength and flexibility given by Nancy Coles, a sports therapist from Vancouver. The session proved to be very successful, despite the creaks and groans coming from fathers of J.O.P.s as they were coerced into trying out some of the exercises.

Nancy showed that it is very important to stretch and warm up, no matter what the standard of attainment in your shooting. She proved to be a very valuable resource person for our sport. We must listen to her advice.

Sunday morning was bright and clear, with a slight breeze. Everyone was ready for a 9:00 a.m. start. Field layout was begun at 7:00 a.m., with the locals receiving a great deal of help from visitors. It was greatly appreciated. Doug Soar welcomed everyone to the tournament and introduced Dave Shunter, Principal of Penticton Secondary School, who opened the day with a high twelve o'clock nine from fifteen metres. This naturally predicted good weather, with the high arrow forecasting strong, following, gusts of wind for the afternoon. This proved correct and Marge Saunders was again truly amazed. Quoth she, "My goodness, Pen High Archers have done it again."

Fifty-four J.O.P. had a most enjoyable shoot. Many shot personal bests. All of them learnt some valuable lessons on outdoor shooting in tournament conditions.

Old man, John McDonald finished his J.O.P. career with an outstanding 849 for a Canada 900. I predict he will be the new Canadian F.I.T.A. record holder in a few weeks. That's good for he is part of the B.C. J.O.P. system and Murray Peacock is chasing him hard and that's good for he is part of the J.O.P. system. Then, all of you are chasing them, which is good.

Best wishes,  
Doug Soar  
Pen High Archers